



Information for Calisthenic Parents

Commbank Calisthenics Competition

10th October to 3rd November 2018

1870 Founders Theatre, Federation University, Mt Helen Campus

**** PLEASE NOTE: THIS INFORMATION HAS CHANGED SIGNIFICANTLY FOR 2018**

We want your experience at RSSS to be the best possible. Please take the time to read through this document so you know the expectations of the theatre and of Royal South Street.

GETTING THERE AND PARKING

Option 1: Take the first exit to Ballarat, at the first set of traffic lights turn left at Fussel street, at the first roundabout turn left at Eureka Street, turn right at Yankee Flat Road, right onto Gear Avenue then follow the RSSS signs.

Option 2: Continue into Ballarat and follow the signs to Sovereign Hill. Continue on Main Road to Mt Helen, turn left at University drive then follow the RSSS signs.

There are other ways around through Sebastopol and Buninyong depending on your starting point.

Free parking is available in Carpark 2 and temporary carpark (map attached). Note permit parking restrictions will be enforced by the University, take note of times on the signs to determine if you can park in these parks or not.

Buses are requested to drop competitors near the theatre in marked bays and then park in designated long term parking at the IBM building on University drive. (Flyer attached) There is a coffee shop nearby for drivers' convenience.

ACCESS TO THE THEATRE

Entering for all Teams, Coaches & Patrons is through the main front doors at 1870 Founders Theatre. Building M

No props are to be taken through these doors, these must come through the rear of the theatre.

Access from the foyer to the stage and dressing rooms via the theatre auditorium is not permitted. Similarly, access from the stage to the foyer via the auditorium is not permitted. The only exceptions to this rule are by arrangement with and approval of the SLC management. Exceptions may include (a) disabled staff or competitor, and (b) specific on stage presentations.



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TICKETS

Every patron must have a valid wrist band to enter the auditorium, a dressing room or backstage pass **DOES NOT** give you entry into the theatre, these passes only give you access to dressing rooms and backstage areas.

BACKSTAGE ACCESS

NAME TAGS ARE REQUIRED FOR ALL PEOPLE ENTERING BACKSTAGE AND DRESSING ROOM AREAS AT ANY TIME. This includes parents/carers assisting with costumes etc. at the beginning and end of sessions. These name tags must always be worn whilst backstage

Name tags for parents/carers will need to be made by the individual Calisthenic clubs. Please print the club logo, name and section in which they are involved. Please ensure parents know that their name tag will not allow access to backstage during the competition without a backstage pass, nor will it allow access to the auditorium without a valid ticket.

Name tags are not required for competitors who are in club/team uniform/costume, are obviously competing in the section (hair, make-up etc.) and are on the team list provided at registration.

Parents of competitors are allowed in the dressing room area at the start and end of each competition to help with the costumes etc., until notified by the Stage Manager to vacate the area (usually 15 mins prior to the start). They will need to take all belongings with them as they will not be allowed back to the area until the end of the competition.

Due to OH&S restrictions on the number of people backstage at 1870 Founders Theatre, only people with a backstage pass will be allowed backstage DURING the competition. Dressing room and backstage passes will be allocated to each club according to the ratios set out in the Conditions of Entry.

THEATRE RESTRICTIONS

MOBILE PHONES

Mobile phones and pagers must be turned to silent inside the auditorium and backstage. No photos, video or sound recordings of competition sessions are permitted due to copyright laws. **NO** mobile phones are to be used side stage, and these must be turned on silent.

SMOKING

Smoking is forbidden in all areas of the Federation University, this is completely smoke free area.

FOOD & DRINK

Bottled water and sweets only may be taken into the auditorium.

SECURITY

The 1870 Founders Theatre Management, SLC management and RSSS do not accept any responsibility for the loss or damage to any property, personal or other, brought onto the theatre premises. Competitors are advised to guard their valuables.

FOOTWEAR

The RSSS recommends that footwear is worn at all times in the theatre except in the Green Room or on stage. All persons backstage (other than competitors) must have covered in shoes, **NO SANDALS OR THONGS.**

Competitors must be wearing tracksuit pants and shoes if they go the auditorium to watch, they will be refused entry if they have bare legs and feet.



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SAFETY

No running or unruly behaviour will be tolerated in any area of the Theatre. If running persists offending clubs will be asked to keep their competitors in the dressing rooms.

DRESSING ROOMS

Decorations are limited to your allocated dressing area only. You may use Blu-tac on the walls for decorations, but remember to remove them at the end of your section and place any rubbish in the bins, if you require more garbage bags please see the RSSS staff in the ticket box.

ELECTRICAL ITEMS IN DRESSING ROOMS

The following items are permitted for use in the dressing rooms provided they carry a current electrical testing tag: CD players and other music docks, hot rollers, hair dryers and ventilators. **Under no circumstances** are kettles, urns, heaters, birkos, sandwich makers etc. permitted. **No** lighted candles or the burning of incense.

EVACUATION PROCEDURE

If evacuation is necessary, everyone must immediately leave the theatre when directed to do so, in an orderly manner. Please take direction from SLC Tech, Stage Manager, Ushers and RSSS Staff. All clubs must prepare an accurate list of all coaches, assistants, and competitors names to be or submitted via MyStage or otherwise handed in at registration.

If you have any questions related to this document or any other concerns about your time at RSSS, please call the RSSS office on 03 5332 1074 or email julie@royalsouthstreet.com.au.

It is much better to check beforehand than finding out on the day that something has been missed or something isn't allowed.

The Calisthenics Committee
Royal South Street Society Eisteddfod.

Mt Helen Campus, Ballarat | Map



Legend

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| Buildings | Flagpoles | For security assistance call 5327 6333 |
| Roads | Bike Parking | For disability access assistance call 5327 9470 |
| Car Park Number
(Restrictions may apply) | Bus Stop | For Mobility Access Map refer Page 3 |
| Disability Car Spaces | Parents Room | All Federation University Australia Campuses
are Smoke-free |
| Pathway/Route | Health Centre | |
| Disability Access Toilet (Level) | Food and Drink | |
| Lift | Designated Assembly Point | |
| Entry Point | Prayer Room/Place of Peace | |
| | Muslim Prayer Room | |

South Street Bus Parking at Fed Uni Mount Helen, eastern side of IBM building

