



ROYAL SOUTH STREET SOCIETY
BALLARAT EISTEDDFOD

Energetiks Dance 2026

Rules, Sections and Conditions of Entry

The following rules and conditions are specific to the
Royal South Street Society Ballarat Eisteddfod - Energetiks Dance Competition.

Further Information Contact
Events Coordinator
Office: 53321054
Email: admin@royalsouthstreet.com.au

VENUE:

**Her Majesty's Theatre
17 Lydiard St Sth
Ballarat**

DATES:

**Tuesday 15 September to Saturday 03 October
(Subject to entries)
Troupes Saturday 19 to Monday 21 September**

Section Chair

Jessica Godfrey

Sub Committee

Nicki Ballinger

Danielle Coltman

Sandra Fishwick

Cathy Scrivener

The Dance Discipline Committee thank you for your entry and we look forward to welcoming you to the Royal South Street Society Ballarat Eisteddfod in 2026.

UPDATED RULES TO NOTE:

- 1- Aggregate Points **(p3)**
- 2- Open Solo Section description **(p20)**
- 3- Championship Sections qualifying requirements **(p21)**
- 4- Championship Sections- Intermediate Contemporary **(p23)**
- 5- Troupe Average Age **(p25)**

RULES & SPECIAL CONDITIONS

- 1) **AGE:**
The age of the competitor shall be taken as that on 31st December of the preceding year. Birth certificate or proof of age may be requested at any time. Age applies to all solos, duos/ trios, championships, Troupes/Crews. 'OPEN' refers to any age.
- 2) **AGGREGATE AWARDS:**
Points for aggregates will be awarded as follows:
First - 6; Second - 4; Third - 2; Honourable Mention (HM) - 1
Solo Aggregates - All Solo Sections. With the exception of: novice sections, duos/trios any sections where a repeated performance is permitted, championships and VCE dance and VET dance.
School Troupe Aggregate - All Troupes/Crews are scored.
School Solo Aggregate – School with the most points accrued through solos (excluding novice, championships, any section which may be a repeat performance, and VCE dance and VET dance).
- 3) **ASSISTANCE:**
Teachers or non-members of troupes, who are not on stage performing, are not to give assistance in singing to troupes or solo performers who are performing. Prompting for dance is permitted only for 8 years and under.
- 4) **CURTAINS:**
 - a. House (Front) curtain may only be used for Demi-Character Solos and Demi-Character Duos or Trios and Championships at the discretion of the stage manager.
 - b. House (Front) curtain will be used for all Troupes/Crews.
 - c. Mid curtain may only be used for Troupe/Crew sections.
 - d. No curtain for under 6 years, Novice Sections of any age (including Demi-Character Solo Sections)
 - e. Cyc curtain may only be used for Troupes/Crews and Championships.
- 5) **ENTRIES:**
 - a. Entries must be made via the chosen CRM. No other method for entry will be accepted.
 - b. **Late entries will incur a \$50 per person fee and will only be accepted for a short time (to be advised) after entry closing date.** If you have difficulties with your entries, please make contact within the original dates of entries being open.
 - c. **Competitor Names** ~ Those entering duo/trio sections must name all competitors and dates of birth for this to be accepted. No competitor will be permitted to dance under a different name or school than what has been entered. Dance schools must maintain an up-to-date list of all troupe performers with dates of birth and this must be available to RSSS and the RSSS committee at any time upon request. A list of all performers in troupe/crew sections must also be provided to RSSS at registration so as to comply with Occupational Health & Safety requirements.

- d. **Numbers** ~ Where entries in a section exceed 20 in the Under 6 years, 6 to under 8 years and 8 to under 10 years, extra divisions, heats, and finals may be arranged at the Committee's discretion. Where entries in a section exceed 20 in the 10 to under 12 years, 12 to under 14 years, 14 to under 16 years and 16 years and over age groups, extra divisions, heats, and finals may be arranged at the Committee's discretion. Where numbers are inadequate, sections maybe combined or cancelled at the Committee's discretion. **This does not apply to Championships where there will be no split sections or special sections where splits are dependent on entries.**
 - e. **Changing Divisions** ~ NO changes will be made to the programming, sections and order of performance with the exception of technical causes on the day of performing. A performer due to injury and at the discretion of the committee may perform in another split section or age group for a critique only and this will still allow them to qualify for a championship.
 - f. **Payment** ~ An entry is incomplete and will not be accepted until payment is received. Entry fees are non-refundable unless the section is cancelled by RSSS.
 - g. **Personal Details** ~ Name of performer, school represented, and age category may be published in the "Guidebook" and provided to relevant scholarship providers.
 - h. **Prizes** ~ The adjudicator has the right to withhold any prize. In the event of a tie, that prize will be divided equally between the tied parties.
 - i. **Refunds** ~ No refunds will be given for non-appearance. In the event of extenuating medical situations, a refund may be considered by the RSSS office. Requests for such are to be provided in writing and include support from a medical professional. Further information regarding refunds is detailed on the RSSS website.
- 6) **LIMITED COMPETITION:**
- a. **Appearance** ~ a competitor or Troupe/Crew can only appear once in any one section. A Dancer cannot enter twice under the same school except where RSSS has combined sections. A competitor may appear twice in the same troupe or crew section under different schools where they are currently enrolled in both schools as a student.
 - b. **No Repeat** ~ An item by any Competitor, specifically the choreography, is not to be performed again within the current competition apart from specific sections where this is outlined (i.e. Male only section).
- 7) **PROPERTY and SCENERY:**
- a. All props must be made to stand safely on a **stage sloping at 37mm per metre length**. Props must not be attached to theatre curtains and must not damage the stage floor.
 - b. Large props or those requiring a performer to stand on (with the exception of a single chair or single block will require a safety check to be completed with accompanying form.
 - c. All items should be labelled with competitor's name or Dance School.
 - d. Scenery/backdrops may be hung from fly bars prior to the section, by arrangement with the Duty Technician for troupes/crews. Please refer to the venue for sizing and weight specifications.
 - e. All props, backdrops etc. must be removed from the Stage area after the time of use and not stored backstage.
 - f. Internal combustion engines are not to be operated on stage. If part of a prop, it must be drained of all fuel and oil before entering the theatre.
 - g. Weapons such as Guns for use as props must **NOT** be real or look authentic. Swords, knives etc, used as props must be blunt and made of wood or plastic.
 - h. Chemical Aerosol cans must not be used on stage unless prior approval is obtained from Venue Technician or Royal South Street Society Stage Manager. Talcum powder or similar is not to be used in props, costumes, or hair. **Rock rosin is not to be used on**

the stage. Stage must not be sprayed with any paint, lacquer, glue or similar. Similarly, no props to be spray painted, lacquered, glued or similar up behind the curtain at the rear of the Stage, behind Cyc curtain.

i. Glass or ceramic items are not allowed on stage.

8) PERFORMANCES:

- a. **Rehearsals: No practice is allowed on stage during the dance competitions; this is inclusive of Championships.** Performers will however be permitted 10mins on stage (for championships only) during the session break. It is up to performers to attend side stage if they are wanting to take up this practise opportunity. Eg. 9am sessions will have practise time for all sections within the session scheduled between 8:30am-9am, sessions starting at 1:30pm will have practise time for all sections within the session scheduled between 1pm-1:30pm. Please keep a check of the times your section is scheduled for stage practise time.
- b. **Stage Check:** There shall be no warming up, no practice, no marking through, and no setting of formations during a “stage check”.
- c. **Registration:** Dancers should book in with the registrar before the start of the morning, afternoon or evening session. The deadline is at a minimum of 20 minutes before the start of the section. If a competitor has not registered, they may not be allowed to perform.
- d. **Withdrawals:** As a matter of courtesy, please notify admin@royalsouthstreet.com.au of withdrawals as soon as possible. Or you may advise the registration desk during the competition.
- e. **Side Stage Helpers:** Solo/Duo performances can have assistance from their teachers, a guardian or a fellow student if required. We request that anyone backstage is considerate of other performers and the safety of those backstage. To consider the techs, staff and volunteers requiring clear and safe passageways around the stage and to follow instructions as requested. Troupes/ crews may only have those as permitted by the performing school. Again, considering the number of people required and the safety of everyone backstage including, techs, staff and volunteers.
- f. **Warm Up:** No warm-up is permitted side stage. Solo performers are to be in the green room at the commencement of their section and no later than 5 performances prior to their own performance and should take note of any withdrawals in their section. Stage manager will not be collecting performers from their dressing rooms.
- g. **Entering the Stage Area:** Competitors, Teachers and /or helpers are NOT permitted to enter through the Back-Stage Door when the RED light is flashing, signifying that the stage is live. No exceptions, for Teachers or helpers with Props. Performers are to otherwise follow the directions of the stage manager.
- h. **Troupe/Crew Starts:** When called on Stage before starting performance, Troupe/Crew members must go straight to their start positions. There shall be NO marking, blocking of troupes, or rehearsal whilst waiting on the stage.
- i. **Troupe/Crew Numbers:** The minimum number of dancers in a Troupe/Crew is 6. Please consider stage dimensions when setting your maximum numbers on stage and ensure safety is a priority.
- j. **Dance Safety** Performances should be designed to be safe for everyone. Safety concerns will over-ride all Competition Rules. Performances will be stopped or disallowed if safety is deemed inadequate as determined by the Duty Technician, Adjudicator or Stage Manager.
- k. **Dangerous Dancing** Any dance requiring the use of wheels (e.g.: bicycles, tricycles, scooters, skateboards, roller-skates, mobile props), balls, ladders must be discussed with the duty technician

- l. Insurance** the board requires all competitors to be responsible for insuring themselves or troupe/crew members, etc., against personal injury arising out of participation in the competitions.
- m. Communication** Any unwarranted communication with the adjudicators, either by competitors, teachers, parents or other interested parties during the competition is prohibited. Prohibited contact includes verbal, email, SMS, or social mediums. Discipline Chairs or their delegates from their sub-committee may approach the adjudicators when and if required to do so.

9) RESTARTS:

- a.** A competitor who commences performing an item and stops or leaves the stage, and is allowed to re-start the item, will receive a Critique only, with no official marks. Exceptions as follows:
- b.** Commencing with the wrong music may be allowed, provided the fault is quickly corrected and the dance has not begun.
- c.** If serious interference, with the wrong or premature cessation of a performance, is caused by a fault of Royal South Street Society management of equipment, or by an accident beyond anyone's reasonable control, then that item may be repeated and adjudicated accordingly.
- d.** Once a performance has commenced and the music is faulty or ceases to play the dancer must continue. At the discretion of the Stage Manager, in consultation with the Adjudicator, the performance may be stopped and restarted or repeated at the end of the section and adjudicated accordingly.

10) DANCE GENRES DESCRIPTIONS:

CLASSICAL BALLET:

It shall be based on classical ballet techniques. In solos, short or pancaked ballet tutus, romantic length tutus, or short skirts (Balanchine Style) are to be worn. Props are not used except for handheld props such as tambourines and fans. Variations are not to be performed within classical ballet sections. Pointe shoes may be worn by those with an appropriate level of training.

DEMI-CHARACTER:

A clear portrayal of a character or story is demonstrated through acting, miming ability and expressive dancing using classical technique. Props are permitted within this section. Please refer to rules relating to props. Pointe shoes may be worn by those with an appropriate level of training.

MODERN DANCE:

It may include Neo-Classical, Lyrical, and Contemporary, where these dance styles are not separated for that age group. (i.e. Where contemporary is a separate section, modern can include either Neo-Classical or Lyrical but would exclude Contemporary).

NEO-CLASSICAL:

Modern portrayal of classical ballet technique. This includes more floor work, greater athleticism, and greater flexibility. This can be to music with or without lyrics and may include minimal props such as a chair or scarf. Pointe shoes may be worn by those of an appropriate level of training.

LYRICAL:

Danced to music with lyrics. The performer should tell the story of the lyrics with emotional feeling through the body (artistry) and show a clear understanding of the progressing dance technique according to age level.

CONTEMPORARY:

It will include all styles of contemporary technique or syllabi, demonstrating the melting pot of unconventional movement gathered from all dance styles – embracing the freedom of space, trying to explore the absolute limits of the human form. Ideally, it should show new forms and dynamics development, such as quick oppositional moves, contractions, body rolls, shifting alignments, systematic breathing, and standing or non-standing positions. eg: using the floor as a suspended space. It can be executed with or without music. Pointe shoes may be worn by those of an appropriate level of training.

JAZZ:

It may include jazz, disco, commercial, and up-tempo modern styles (Broadway/ musical theatre may also be included where this is not a separate section for the age group). Teachers are encouraged in 10 to Under 12 years and 12 to Under 14 years to refrain from using inappropriate costuming for these underage performers (eg: showgirl; type of costume). Teachers are also encouraged to use age-appropriate music with age-appropriate lyrics.

Jazz with tricks may incorporate acrobatics, but this shall only be evidenced when it complements the transitions within the performance.

Jazz no tricks should include no inverted movements.

BROADWAY/MUSICAL THEATRE:

An item choreographed to music from a film musical or stage musical (broadway jazz, cabaret or musical comedy style). It must not be a copy of the existing choreography but should show the appropriate choreographic style. Does not involve any singing. Identifying features include story-focused and character-driven movement, exaggeration, and quirkiness.

HIP HOP:

Hip Hop dance is a form of street dance evolving from hip-hop culture and hip-hop music. Often portrayed in music videos, it combines a variety of freestyle movements to create a cultural piece of art. Often encompassing popping, locking and breaking. This is not to be a commercial jazz performance.

TAP:

Rhythmic tapping of toes and heels. This may be fast or slow tapping, though specific sections may specify the tempo or combination required. Important tapping techniques such as light and shade, musicality, rhythm and syncopation must be evident. Tap shoes must be worn in all tap sections. No recorded tapping is permitted.

SONG AND DANCE:

Must contain both singing and dancing of approximately equal lengths. Pre-recorded vocalisation of any form is not permitted. No tapping is allowed in this section.

SONG AND TAP:

Must contain both singing and tapping of approximately equal length. Prerecorded vocals are not permitted. Tap shoes must be worn in this section. No recorded tapping is permitted.

NOVICE:

A Competitor who at the time of entry, has never previously won 1st, 2nd or 3rd place at any Competition/Eisteddfod, anywhere and in any genre/ style. A novice dancer does not have to enter a Novice Section and can enter any open section. An entrant may only perform one dance in a single novice section. Competitors entered in a Championship Section cannot enter any Novice Sections even when of a different style. A novice dance cannot be repeated in any other section. **Those who have placed in under 6 years sections at other eisteddfod or competitions may still perform as a novice.**

11) SPECIAL EFFECTS:

- a. Special lighting, or other effects are only used for Troupes/Crews.
- b. Special lighting by Duty Technicians must have prior arrangement through plotting sheets. Plotting sheets will be made available to troupe entrants and plotting sessions available at designated times. If no plotting sheet is submitted by the due date only standard lighting will be provided (decal and colour).
- c. Protected lights may be attached to Competitors' scenery and backdrops, but not to theatre curtains.
- d. Naked flames, fuel lamps lighted cigarettes, fireworks, or apparatus capable of causing fire or smoke are not permitted.
- e. Bubble, Snow and Smoke machines are Not Allowed. A fog machine may be hired for use in troupes/crews. This is to be noted in the provided plotting sheet.
- f. Helium-filled balloons are not permitted anywhere in the theatre.

12) DATA LIGHT PROJECTOR (DLP)

- a. Available for use in Troupe/Crew Sections. There is a hiring fee per DLP per item.
- b. The Royal South Street Society or Her Majesty's technician Laptop computer must be used. Competitors cannot provide their own laptop.
- c. An Mp4 is recommended for any DLP so as to ensure combined music and imagery. Information relating to how to provide this DLP will be provided before the eisteddfod and must be provided by the date advised.
- d. These may be checked in a booked plotting session.

13) STAGE:

- a. Please be aware of the stage specifications where the Eisteddfod is to be held and how this stage size, slope, curtains, wings, etc will impact your solo/ duo//trio/troupe/crew. Competitors (troupes and soloists) can refer to the venue website for specifications.
- b. Tape on stage. Tape will be placed at the front of the stage to mark centre for all performances. Troupes will also have spots marked only.
- c. Solid rosin is not to be used. Spray rosin may be used but should be sprayed in the green room prior to entering the stage area.

14) MUSIC:

- a. Music is to be uploaded in MP3 format only as per the directions sent to competitors once entries have been completed.
- b. Music must be uploaded by the date communicated. If you are having difficulties with the upload of your music, please contact the upload website or committee immediately.
- c. **Please ensure you have a backup of your music on USB in MP3 format.**
- d. Volume: The Stage Manager, Music Operator, adjudicator or venue Duty Technician shall have the right to limit the music's volume to a safe and reasonable level.

15) TIME LIMITS:

- a. Performance time is taken from the start of correct music or movement of the Competitor until the Competitor stops dancing, leaves the stage or the curtain falls. Timing does not include the reverence or tag.
- b. Please note the following time limits:
 - Troupes/Crews 5min
 - Song & Tap or Song & Dance (including Novice theatrical sections where these styles are performed) 4 minutes.
 - Tap Championship and Theatrical Championship 4 minutes.
 - All other solos, duos/trios, championships 3min

16) SAFETY

- a. No children unless in current performance item. No babies, pushers, prams allowed backstage/side stage at any time. Supervised by an appropriately aged and responsible person, children may be permitted in the green room area when their parent or teacher is required to attend backstage.
- b. Electricals ~ All leads, appliances, lights and stage prop lighting for use on 240 volts within the Theatre, must have a current Safety Compliance Tag. This includes any 240-volt circuit supplied by a battery inverter, and any electrical item used in the dressing rooms. EG: hair straighteners, curling wands, Hair dryers, portable CD players & Laptops.
- c. In service safety inspections and testing to Australian Standard 3760, can be performed by your local A or B Grade Electrician.
- d. Hairspray and aerosol cans of any kind are not to be used in any City of Ballarat buildings.
- e. Any batteries used in a performance, must be sealed and unspillable.
- f. Props must be designed for use on a sloping stage (37mm per metre) when eisteddfod is held at Her Majesty's Theatre. Props to be held in place with sandbags where tipping is possible. Glass electrical globes and electrical wiring must be recessed, caged, or protected to prevent damage or being touched. Ladders must be industrial, and a
- g. Theatre Requirements: All Teachers/Competitors whether Solos, Troupes/Crews performing must be aware of the specific theatre rules.
- h. Dressing Rooms: Competitors must change in their Dressing Room. No public area is to be used for changing. Dressing Rooms are to be left neat and tidy. Rubbish is to be placed in the bins provided.
- i. Teachers are responsible for the behaviour and welfare of their students.
- j. All adults in change rooms, green room and stage area must have a current working with children check, which must be presented upon request at any time. Occupancy numbers are to be considered and where possible, parents are to limit their presence backstage.
- k. Troupes are to have allocated backstage helpers and not permit additional parents backstage or in Her Majesty's dressing rooms during troupe weekend.
- l. Please ensure that all people entering the theatre know current child safety laws and that these are always adhered to. Anyone not following child safety laws may be asked to leave the premises immediately.

17) COMMITTEE

- a. We note that the dance discipline and all Royal South Street committees are volunteers and work to provide the best possible experience for everyone involved. Should you have a query or complaint, we ask that this be provided in writing to be most appropriately addressed.

18) COMPETITION ENTRY DISCLAIMERS

Copyright

- a. I/we declare that I/we own the original of my chosen work and can present the original, or proof of purchase, if requested. This includes the original sheet music, music book, and/or the purchase of authorised sound recordings. I/we recognise failure to comply with copyright conditions and procedures will result in the competitor being unable to compete.

Risk

- b. I/we recognise that the Royal South Street Society is insured for public liability which does not comprehensively cover injury to performers, and that individuals or schools must ensure that they are adequately covered whilst performing in these competitions or otherwise enter at their own risk.

Photography, Videography & Image Consent

- c. We encourage all schools/groups/clubs to assist us to promote the performing arts and the RSSS Eisteddfod. The Royal South Street Society reserves the right to promote our core business (eisteddfod) for marketing and sponsorship which is critical to the ongoing promotion of the performing arts and our success. As such we must take and share professional photographs and/or video footage of various performers on our stage for all our disciplines. It is impossible for us to check with every school, for group/school/club photography consent for every single performer on our stage. Therefore, it is the responsibility of the school/group/club to inform us prior to the discipline competition commencing, if the school/group cannot be photographed for any reason. As per our Child Safe Policy, consent can be advised or withdrawn throughout the competition, but the onus to do so is on the school. Parents/cares are providing consent for individual entries when they enter as individuals/soloists. This consent can be withdrawn by completing the relevant forms via the website

<https://royalsouthstreet.com.au/child-safety-policies/>

- 5.1 No remuneration or compensation whatsoever shall be attributable to any participants so featured in promotional publications or material. Should the entrant have any personal or legal reasons which would preclude them from this, Royal South Street Society should be notified upon entry, or throughout the competition season. Consent can be withdrawn via this form; [Royal South Street Society Photography and Recording - Withdrawal of Consent – Fill out form](#)

Personal Details

- e. Personal details provided by an entrant via entry form are for Royal South Street Society identification use only and are not released to third parties except at Royal South Street Society's discretion, to known organisations, when an opportunity may be beneficial to an entrant such as a scholarship, and to photographers.

Conditions

- f. Competitors/guardians acknowledge that I/we have read and agree to abide by the RSSS Bands and Instrumental Solo Competition Rules and Conditions of Entry.
- g. Competitors/guardians acknowledge that failure to comply with any of the foregoing rules and conditions may result in disqualification, the withholding of prizes, and a future bar in competition.

- h The decision of the Board or Discipline Chair in all questions or disputes arising out of or not provided for, by the rules and regulations, will be final.
- i All entries are received according to this condition and in the spirit of friendly competition upon which the eisteddfod is based; accordingly, no dispute shall become the subject of any appeal at law.

Medication

- j Competitors/guardians acknowledge that it is the responsibility of individual competitors who require medication to ensure that they always carry medication with them and have it easily accessible side stage in the event they should require it. It is the individual competitor's responsibility to have a responsible person present to administer the medication in case of an emergency.

19) ADJUDICATORS

- a The board and committee reserves the right to appoint a co-adjudicator, or assistant, or substitute adjudicator when necessary.
- b The adjudicator's decision shall be final.
- c Any unwanted communication with the adjudicators, either by competitors, teachers, parents or other interested parties during the competition is prohibited. Discipline Chairs or their delegates from their sub-committee may approach the Adjudicators when and if required to do.

20) PRIZES AND PERFORMANCE OUTCOMES

- a. A detailed critique by the adjudicator will be provided for performers in each section (including non-competitive sections).
- b. Prizes will be presented onstage at the end of each competitive section. Any monies or vouchers won are to be collected (and signed for) at the Royal South Street Society office at the venue.
- c. The adjudicator has the right to withhold any prize. In the event of a tie for first in any section the first and second prize shall be divided equally between the tied competitors and no second will be awarded. The competitor with the next highest points will be awarded third. In the event of a tie for second prize, the second and third prize shall be equally divided between the tied competitors and no third will be awarded. Honourable Mention is fourth at the adjudicators discretion.

21) COMPETITORS OBLIGATIONS AND EXPECTATIONS

- a. Personal presentation – All competitors are requested to dress neatly and present well on stage.
- b. Explicit language and movements are not permitted as part of any performance.
- c. Competitors are expected and encouraged to be present for the entire section in which they are entered.
- d. Withdrawals - As a courtesy, please inform the office if you are not able to attend your section.

22) CHILD SAFE STANDARDS

- a. In accordance with the current Child Safe Policy (effective July 2023) all persons attending RSSS Competitions should have read the current Child Safe Policy. As indicated in this policy, all persons over 18 entering the Dressing Rooms or Back Stage areas will need to show their Working With Children Card or equivalent.
- b. For full details on our Child Safe Policy, please visit;
<https://royalsouthstreet.com.au/child-safety-policies/>

Novice Sections SOLOS

6 YEARS & UNDER 8

All soloists who have placed whilst in the under 6 years age group can still compete as a novice

220 - Ballet

May be Classical, modern or Demi-Character

221 - Jazz/Hip Hop

May be Jazz or Hip Hop

222 - Theatrical

May be song and dance or song and tap or tap

8 YEARS & UNDER 10

223 - Ballet

May be Classical, modern or Demi-Character

224 - Jazz/Hip Hop

May be Jazz or Hip Hop

225 - Theatrical

May be song and dance or song and tap or tap

10 YEARS & UNDER 12

226 - Ballet

May be Classical, modern or Demi-Character

227 - Jazz/Hip Hop

May be Jazz or Hip Hop

228 - Theatrical

May be song and dance or song and tap or tap

Open Sections

SOLOS

UNDER 6 YEARS

240 - Ballet

May be Classical or Demi-Character

241 - Jazz

242 - Modern

May be Neo-Classical, Lyrical or Contemporary

243 - Tap

244 - Theatrical

May be song and dance or song and tap

6 YEARS & UNDER 8

250 - Classical Ballet

251 - Contemporary

252 - Demi-Character

253 - Hip Hop

254 - Jazz

255 - Lyrical

256 - Neo-Classical

257 - Song & Tap

258 - Song & Dance

259 - Tap

8 YEARS & UNDER 10

260 - Classical Ballet

261 - Contemporary

262 - Demi-Character

263 - Hip Hop

264 - Jazz

265 - Lyrical

266 - Neo-Classical

267 - Song & Tap

268 - Song & Dance

269 - Tap

10 YEARS & UNDER 12

270 - Classical Ballet

271 - Contemporary

272 - Demi-Character

273 - Hip Hop

274 - Jazz

275 - Lyrical

276 - Neo-Classical

277 - Song & Tap

278 - Song & Dance

279 - Tap

12 YEARS & UNDER 14

280 - Classical Ballet

281 - Contemporary

282 - Demi-Character

283 - Hip Hop

284 - Jazz

285 - Lyrical

286 - Neo-Classical

287 - Song & Tap

288 - Song & Dance

289 - Tap

The winner from each of the following sections (and division where applicable) within these age groups will be invited to perform their winning solo in the Energetiks Dance for Life Section (no cost) at a date to be confirmed within the Royal South Street dance eisteddfod. Where a competitor has won more than once, they will select from their winning solos which to perform. Depending on numbers, the committee may request the adjudicators to select additional 'wildcard' performances to also compete in the Dance for Life section. It is asked that all entrants in this age group who may consider their participation in Dance for Life prepare a short 100-150 word bio and have a digital copy of a headshot ready to be submitted.

14 YEARS & UNDER 16

290 - Classical Ballet

291 - Contemporary

292 - Demi-Character

293 - Hip Hop

294 - Jazz

295 - Lyrical

296 - Neo-Classical

297 - Song & Tap

298 - Song & Dance

299 - Tap

16 YEARS & OVER

300 - Classical Ballet

301 - Contemporary

302 - Demi-Character

303 - Hip Hop

304 - Jazz

305 - Lyrical

306 - Neo-Classical

307 - Song & Tap

308 - Song & Dance

309 - Tap

DUOS/TRIOS

13 YEARS & UNDER

206 - Jazz/Hip Hop

207 - Ballet

May be Classical, Modern or Demi-Character

208 - Theatrical

May be song and dance, song and tap or tap

14 YEARS AND OVER

209 - Ballet

May be Classical, Modern or Demi-Character

210 - Jazz/Hip Hop

211 - Theatrical

May be song and dance, song and tap or tap

SPECIAL SECTIONS - Solos

Variations Open Will be split as per championships (215 - Under 12 years, 216 - 12 to under 14 years and 217 - 14 years and over)

Competitors in this section will dance a classical variation of their choosing appropriate to their age and skill set. Competitors will perform in age order so as to allow adjudicators to depict the complexities of the performance based on expected capacity for their age. This section is open to ages from 10 years old at time of entry. This section will accrue aggregate points. There are no prerequisites to qualify for this section.

Section will be split based on age dependent on entry numbers.

200 - Male identifying only - Open (will be split dependent on entries)

Competitors in this section will perform a single solo of any genre and this may be a repeat of any section (excluding championships and other special section solos).

Competitors will perform in age order so as to allow adjudicators to depict the complexities of the performance based on expected capacity for their age. As this can be a repeat of a solo, aggregate points will not accrue from this performance.

This section may be split by genre and/or age dependent on entries.

205 - VCE/VET Dance- 15 years and over (must be studying VCE Dance or VET dance in the current year)

Competitors will perform a solo piece as per the requirements of the study path chosen. Competitors must be currently enrolled to study VCE dance or VET dance and are to be unaided by their teacher. Competitors do not need to be associated with a dance school in order to compete in this section but may be asked for evidence that they are enrolled in the subject in the current year.

Adjudicators will use the current year rubric to support adjudication.

As this section has a pre-requisite associated outside of the eisteddfod, this section will not accrue aggregate points.

Open Solo – Will be split as per championships (201 - Under 12 years, 202 - 12 to under 14 years and 203 - 14 years and over)

Competitors in this section will perform a single solo of any genre existing or not existing within the current competition but must include dance of some form. I.e. This may be a classical ballet, neo-classical, contemporary, lyrical, jazz of any style, tap, song and tap, song and dance, hip hop, acro, own choreography, Latin, musical theatre, demi-character, Irish, cultural. It must not be repertoire or plagiarised choreography. Props may be used.

Traditional Storytelling & Cultural Dance - Will be split as per championships (212 - Under 12 years, 213 - 12 to under 14 years and 214 - 14 years and over)

This section celebrates the diversity of human experience through the rich heritage of National, Folk, and Indigenous dance. We invite performers to share the living histories of their communities—from the traditional dances to the sacred storytelling of First Nations peoples.

We celebrate cultural integrity and the deep significance of movement as a vessel for history. In alignment with First Nations protocols and global traditions of cultural stewardship, competitors are asked to ensure they have the appropriate lineage, permission, or cultural connection to the stories, regalia, and choreography presented.

This category honors the distinction between meaningful cultural sharing and appropriation. We prioritize respect for the sacred, the communal, and the historical, encouraging all performers to ensure their presentation—including music and costume—is an authentic and authorized representation of the culture it honors.

"For more information on performing with cultural integrity in Australia, we recommend referring to the [Creative Australia First Nations Cultural Protocols](#)."

Non-Competitive - Will be split as per championships (230 - Under 12 years, 231 - 12 to under 14 years and 232 - 14 years and over)

This section is dedicated to performance experience and dancer education. Dancers may perform a solo from any style currently offered in the Eisteddfod. There are no placings offered; instead, every performer receives a detailed professional critique to aid their dance journey.

JUNIOR CHAMPIONSHIPS – UNDER 12 YEARS

All championships overarching rule:

Performers must have competed in at least 1 more solo than the number of championships performed. Eg. If a soloist performs in 3 championship sections, they must have competed in at least 4 solo sections whilst also fulfilling the individual championship requirements.

310 - Junior Classical Ballet Championship

- Performance must be a classical ballet solo (not a variation or demi-character) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a classical ballet solo and 1 of the following: demi-character, neo-classical, contemporary or lyrical.

311 - Junior Jazz Championship

- Performance must be a jazz solo (any style of jazz) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a jazz solo and 1 of the following: contemporary, lyrical, song and dance, song and tap, hip hop or tap solo.

312 – Junior Modern Championship

- Performance must be a neo-classical, lyrical or contemporary solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in neo-classical, lyrical or contemporary solo section and in addition, one of the following: lyrical, neo-classical or contemporary (please note that performers will end up performing in at least 2 modern solo sections plus their championship).

313 - Junior Tap Championship

- Performance must be a tap solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a tap solo and 1 of the following: song and tap, song and dance or jazz solo.

INTERMEDIATE CHAMPIONSHIPS – 12 YEARS TO UNDER 14 YEARS

All championships overarching rule:

Performers must have competed in at least 1 more solo than the number of championships performed. Eg. If a soloist performs in 3 championship sections, they must have competed in at least 4 solo sections whilst also fulfilling the individual championship requirements.

320 - Dr. A.M Cole Intermediate Classical Ballet Championship

- Performance must be a classical ballet solo (not a variation or demi-character) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a classical ballet solo and 1 of the following: demi-character, neo-classical, contemporary or lyrical.
- Pointe shoes may be worn by those of appropriate skill level as determined by the performer's teacher.

321 - Intermediate Jazz Championship

- Performance must be a jazz solo (any style of jazz) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a jazz solo and 1 of the following: contemporary, lyrical, song and dance, song and tap, hip hop or tap solo.
- Heels may be worn by performers of appropriate skill level and at the direction of their teacher.

322 - Modern Championship

- Performance must be a neo-classical or lyrical solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a solo of the same genre they perform in the championship and at least one other being either neo-classical, lyrical, contemporary classical ballet.

323 - Intermediate Tap Championship

- Performance must be a tap solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a tap solo and 1 of the following: song and tap, song and dance or jazz solo.

324 - Intermediate Theatrical Championship

- Competitors must compete in at least 2 solo sections. These can be comprised of at least 1 solo from category a and 1 solo from category b:

A: song and dance solo or song and tap solo

B: song and dance solo, song and tap solo, jazz solo, or tap solo

Competitors are to perform 2 solos and adjudication will be based on the combination of both solos within the championship section:

A) Tap solo (any style)

B) Song and Dance solo (no tapping)

Championship solos cannot be a repeat of any other solos.

325 - Intermediate Contemporary Championship

- Performance must be a contemporary solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a contemporary solo and one of either neo-classical, lyrical, jazz, classical ballet or hip hop.

SENIOR CHAMPIONSHIPS –14 YEARS AND OVER

All championships overarching rule:

Performers must have competed in at least 1 more solo than the number of championships performed. Eg. If a soloist performs in 3 championship sections, they must have competed in at least 4 solo sections whilst also fulfilling the individual championship requirements.

330 - Senior Classical Ballet Championship

- Performance must be a classical ballet solo (not a variation or demi-character) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must complete in a classical ballet solo and 1 of the following: demi-character, neo-classical, contemporary or lyrical.
- Pointe shoes may be worn by those of appropriate skill level as determined by the performer's teacher.

331 - Senior Jazz Championship

- Performance must be a jazz solo (any style of jazz) and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a jazz solo and 1 of the following: contemporary, lyrical, song and dance, song and tap, hip hop or tap solo.
- Heels may be worn by performers of appropriate skill level and at the direction of their teacher.

332 - Senior Pirouette Modern Championship

- Performance must be a neo-classical or lyrical solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a solo of the same genre they perform in the championship and at least one other being either neo-classical, lyrical, contemporary classical ballet.

333 - Senior Tap Championship

- Performance must be a tap solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a tap solo and 1 of the following: song and tap, song and dance or jazz solo.

334 - Senior Theatrical Championship

- Competitors must compete in at least 2 solo sections. These can be comprised of at least 1 solo from category a and 1 solo from category b:

A: song and dance solo or song and tap solo

B: song and dance solo, song and tap solo, jazz solo, or tap solo

Competitors are to perform 2 solos and adjudication will be based on the combination of both solos within the championship section:

C) Tap solo (any style)

D) Song and Dance solo (no tapping)

Championship solos cannot be a repeat of any other solos.

335 - Senior Contemporary Championship

- Performance must be a contemporary solo and must not be a repeat of any other performance within the current year's competition.
- To qualify, performer must compete in a contemporary solo and one of either neo classical, lyrical, jazz, classical ballet or hip hop.

Troupes & Crews

Average age will be used for all troupe and crew entries. This is calculated by adding all of the ages (as at 31st of December in the preceding year) and dividing this by the number of performers in the troupe.

Please also note that a performer within a troupe must not be any more than 2 years older than the age group as at December 31st of the preceding year.

ie. A person who is 12 on December 31st in the year prior to the eisteddfod may perform in the 10 years and under troupe. If they are 13 at this time, despite fitting into the age group as an average, may not compete in the troupe.

Performers may not be in more than 1 troupe in a section under the same school except where Royal South Street has combined sections or age groups or where they are performing with 2 separate schools and to note they must be enrolled in the school they are performing with.

Royal South Street Society Dance Committee has the right to combine sections and age groups where entry numbers are low for a given genre and/or age group. Entrants will be notified at the time of distributing the schedule via the schedule.

New Sections

Non-Competitive

This section is dedicated to performance experience and dancer education. Dancers may perform a solo from any style currently offered in the Eisteddfod. There are no placings offered; instead, every performer receives a detailed professional critique to aid their dance journey.

Traditional Storytelling & Cultural Dance

This section celebrates the diversity of human experience through the rich heritage of National, Folk, and Indigenous dance. We invite performers to share the living histories of their communities—from the traditional dances to the sacred storytelling of First Nations peoples.

We celebrate cultural integrity and the deep significance of movement as a vessel for history. In alignment with First Nations protocols and global traditions of cultural stewardship, competitors are asked to ensure they have the appropriate lineage, permission, or cultural connection to the stories, regalia, and choreography presented.

This category honors the distinction between meaningful cultural sharing and appropriation. We prioritize respect for the sacred, the communal, and the historical, encouraging all performers to ensure their presentation—including music and costume—is an authentic and authorized representation of the culture it honors.

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6 YEARS & UNDER – Troupe

233 – Non-Competitive
400 - Broadway Jazz
401 - Classical
May be Classical or Demi-Character
402 - Contemporary
403 - Hip Hop
404 - Jazz
405 - Lyrical
406 - Neo-Classical
407 - Song & Tap
408 - Song & Dance
409 - Tap
470 – Traditional Storytelling & Cultural
Dance

10 YEARS & UNDER - Troupe

235 - Non-Competitive
420 - Broadway Jazz
421 - Classical
422 - Contemporary
423 - Hip Hop
424 - Jazz
425 - Lyrical
426 - Neo-Classical
427 - Song & Tap
428 - Song & Dance
429 - Tap
472 - Traditional Storytelling & Cultural
Dance

13 YEARS & UNDER - Troupe

236 - Non-Competitive
430 - Broadway Jazz
431 - Classical
432 - Contemporary
433 - Hip Hop
434 - Jazz
435 - Lyrical
436 - Neo-Classical
437 - Song & Tap
438 - Song & Dance
439 - Tap
473 - Traditional Storytelling & Cultural
Dance

8 YEARS & UNDER - Troupe

234 - Non-Competitive
410 - Broadway Jazz
411 - Classical
May be Classical or Demi-Character
412 - Contemporary
413 - Hip Hop
414 - Jazz
415 - Lyrical
416 - Neo-Classical
417 - Song & Tap
418 - Song & Dance
419 - Tap
471 - Traditional Storytelling & Cultural
Dance

15 YEARS & UNDER - Troupe

237 - Non-Competitive
440 - Broadway Jazz
441 - Classical
442 - Contemporary
443 - Hip Hop
444 - Jazz
445 - Lyrical
446 - Neo-Classical
447 - Song & Tap
448 - Song & Dance
449 - Tap
474 - Traditional Storytelling & Cultural
Dance

17 YEARS & UNDER - Troupe

238 - Non-Competitive
450 - Broadway Jazz
451 - Classical
452 - Contemporary
453 - Hip Hop
454 - Jazz
455 - Lyrical
456 - Neo-Classical
457 - Song & Tap
458 - Song & Dance
459 - Tap
475 - Traditional Storytelling & Cultural
Dance

OPEN AGE - Troupe

239 - Non-Competitive
460 - Broadway Jazz
461 - Classical
462 - Contemporary
463 - Hip
464 - Jazz

465 - Lyrical
466 - Neo-Classical
467 - Song & Tap
468 - Song & Dance
469 - Tap
476 - Traditional Storytelling & Cultural
Dance

Energetiks Dance for Life

Entrants are to be invited to perform from each section in age groups 14 years to under 16 and 16 years and over. This will take place at the end of the Royal South Street dance event as a culmination of the event and the outstanding performances gracing the stage in the current year.

- There will be no entry fee for invited competitors to enter.
- Entrants must have won 1st Place in that Solo Genre in the current Royal South Street Society Competition and must perform their winning item: (eg: Classical, Demi-Character, Song & Dance etc) Competitors who win more than one item can choose which dance they perform.
- Dependent on numbers, the adjudicator/s may be asked to select additional outstanding performances to compete within the section. These selections are at the adjudicator's discretion.
- Age limit is from 14 years & Over
- "Dance for Life" invitees are eligible from all genres.
- Energetiks will supply an adjudicator who will make decisions independently to the two Royal South Street Society Appointed Adjudicators. In exceptional circumstances, the committee may nominate for the current year adjudicators and any other persons with the capacity to adjudicate who are not a current teacher of the performers to adjudicate the section.
- The Energetiks adjudicator will announce the winner.
 - No Critiques will be provided.