



Australian Calisthenics Competition 2021

Dates:

**Tuesday 5th October
to
Saturday 30th October**

Venue:

**Her Majesty's Theatre
Lydiard Street South
Ballarat, 3350**

Further Information Contact:

Competition Officer – Julie Wiseman

Office: 5332 1054

Email: julie@royalsouthstreet.com.au



Australian Calisthenics Competition

Discipline Chair

Andrea Brown

Committee Members:

Jo Hocking, Tennille Kors, Annette Lawson

Entries Open:

10am ~ Wednesday 10th March

Entries Close:

5pm ~ Monday 26th April

Entry Fees

(per individual item)

| | | | |
|---------------|-------------|-----------------------------|-------------|
| Masters | \$54 | Calisthenic Solo Auditions | \$70 |
| Seniors | \$52 | Graceful Solo Auditions | \$70 |
| Intermediates | \$50 | | |
| Juniors | \$48 | | |
| Sub Juniors | \$46 | Ballaarat Calisthenic Solo | \$60 |
| Tinies | \$44 | Peace & Quiet Graceful Girl | \$60 |

Plus, optional extras

Graceful & Calisthenic Solo

Light Plotting (15 mins) **\$40** (available for final only)

DLP's (Teams & Solo's) \$25 per performance

Teams – Light Plotting

Sub Juniors & Juniors (Division 4 to Championship)

Intermediates & Seniors (Division 4 to Division 1)

Masters **\$80 (30 minutes)**

Intermediates (Championship Reserve & Championship)

Seniors (Championship Reserve & Championship)

\$120 (45 minutes)

Optional Extras (continued)

Smoke Machine & Scrim Curtain

Not Available in 2021

Recording of your Team's Performance

Local company Sound & Light Concepts is kindly offering these at a flat rate per section, regardless of the number of teams you may have entered. USBs available on collection of crit sheets.

| | | |
|---------------|---|----------------------------|
| Tinies |) | \$90 |
| Sub Juniors |) | |
| Juniors |) | |
| Intermediates |) | \$150 (per section) |
| Seniors |) | |
| Masters |) | |





Royal South Street Society's Australian Calisthenics Competition Conditions of Entry.

The Royal South Street Society (hereafter RSSS) will adopt the following:

- A. **The current Australian Calisthenic Federation (ACF) National Rules and Regulations.** A copy of these rules can be found at: <http://www.calisthenics.asn.au/rules-and-guidelines>. A hard copy will be available for reference at the RSSS office, backstage, at the Chairman's desk and in the Timers' book.
- B. **The current Calisthenics Victoria (CV) Team Competition Entry Booklet (with the exception of inapplicable sections (including but not limited to: 1.5, 3.2, 3.3.7, 3.3.9, 3.10.5 and 3.11))** A copy of these rules can be found at: <http://www.calisthenics.asn.au/rules-and-guidelines>. A hard copy will be available for reference at the RSSS office, backstage, at the Chairman's desk and in the Timers' book.
- C. **The above are subject to RSSS's Special Conditions and addendum or amendment as below:**

1: Entry Date:

Entries must be submitted by 5pm on Monday 26th April, via the online entry system Stardom at <http://www.royalsouthstreet.com.au>.

2: Late Entries:

Are not to be submitted online. Requests for late entries will be considered and must be put in writing to julie@royalsouthstreet.com.au. Late entry fees may apply.

3: Special Considerations:

If there is a significant reason you cannot compete on any particular dates, you must notify the RSSS by emailing julie@royalsouthstreet.com.au by Monday 26th April. Not all requests can be accommodated.

4: Entry Fees:

Entries will only be accepted with full payment of entry fees according to the list above.

5: The RSSS Board reserves the right to refuse any entry.

6: Final Decision:

The decision of the Board in all questions and unresolved disputes arising out of or not provided for by these conditions shall be final.

7: Composite teams:

Are **NOT** permitted (amendment to ACF definition 1.1a)

8: Grading:

Entries will only be accepted from Sub-Junior to Senior teams which have been graded by CV in Division 7 to Championship, and Master's teams from Division 1 to Division 6. Interstate teams must apply through South Street for grading please note CV are not doing the gradings in 2021.



Entries for Tinies will be accepted from teams graded from Championship to Division 2; then Division 3 to Division 6.

RSSS reserves the right to amend divisional grouping dependent upon the number of entries.

9: Communication:

The preferred form of communication with RSSS is via email to either julie@royalsouthstreet.com.au or info@royalsouthstreet.com.au. It is the responsibility of the entrant to ensure that they are receiving any emails sent by RSSS representatives.

10: Risk:

RSSS is insured for public liability which does not comprehensively cover injury to performers, individuals, or schools/clubs. Entrants must ensure that they are adequately covered whilst performing in these competitions or otherwise enter at their own risk.

11: Photography, Recording, Broadcasting:

The RSSS reserves the right to record, film, broadcast, telecast, live stream, videotape or photograph any entrant, item or event in the Eisteddfod without notification. Any such photograph, recording or broadcast may be used at the Eisteddfod's discretion for publicity or promotional purposes, including competition results, photos via electronic and printed media at our discretion, but shall not necessarily constitute an endorsement of any participants, and no remuneration or compensation whatsoever shall be attributable to any participants so featured.

The RSSS will appoint official photographers and videographers to record/photograph/live stream any/all of performances during the competition. These photographs and videos can be retained, broadcast, telecast by the RSSS for marketing, publicity and archival purposes, and by submitting your entry you automatically grant permission for this. Copies of photographs and videos will be made available to competitors/groups to purchase through the officially appointed photographers. All photos will be accessible via the official photographer's online shop using individual discipline access codes.

If for any reason you do not wish to have your individual/group performance photographed or recorded it is your responsibility to submit an official request in writing via email to julie@royalsouthstreet.com.au (annually) advising your objection by no later than 14 days prior to the performance date. This email must include the date, section number and performance number of the item/s involved. Individuals/teams may only be exempt from live streaming in the case of exceptional circumstances such as legal issues.

12: Medication:

It is the responsibility of individual competitors who require medication to ensure that they carry it with them at all times and have it side stage in the event they should require it. It is the individual competitor's responsibility to have a nominated adult present to administer the medication in case of an emergency.

13: Backstage:

 **Practise:** no teams or individuals are to practise on stage or side stage during the competitions except during official warm-up before Free Exercises. This includes, but is not limited to doing walkovers, jetes or similar 'tricks', in the Green Room or passageways of the theatre.

 **Dressing rooms:**

- a. Decoration of rooms and passageways is not permitted. Only banners may be hung. Competitors must change in their designated dressing room.
- b. No public area (including toilets) is to be used for changing or any preparation of wardrobe (including application of hairspray, fake tan or glitter)
- c. No food or drinks (bottled water excepted) are to be consumed in the dressing rooms.

 **Body tan:** competitors' feet and legs must be covered before entering the auditorium. Please keep feet off seats and backs of seats.

 **Footwear** – is required to be worn at all times in all areas outside of the stage area. Non-performers side stage must have closed toe shoes.

 **Babies, toddlers and children** are not to be in the stage area at any time unless performing in the item. No prams or pushers are to be left in corridors at any time. No non-performing children aged 12 and under are to be left unsupervised in the theatre at any time.

 **All corridors, stairwells, entrances or building access areas** are to be kept clear at all times. Any items left in these areas will be moved.

 **Lift** - the stage access lift is only to be loaded under the direct supervision of HMT staff.

 All stage access, egress, fire escapes and exits, firefighting equipment areas, and access to prompt corner must be kept clear at all times.

 All large stage dressing or props must be carried to or from the stage via the stage lift.

 All other costumes and props must enter and leave the theatre via the stage door or Unicorn Lane. Access with these items from the main foyer will be refused.

 All valuables are the responsibility of the owner and are left in dressing rooms at their own risk.

 **Back stage and coach passes (amendment to CV 2.5.1 to 2.5.2)**

HMT has strict backstage number limits and therefore dressing room and backstage passes will be allocated to each club using the following ratios:

Dressing room:

- ❖ Tinies and Sub-Juniors - One Pass for four participants
- ❖ Juniors and Intermediates - One Pass for six participants
- ❖ Seniors - One pass for eight participants
- ❖ Masters - No dressing room passes will be allocated

Coaches: Three coach passes (for registered level 1 and 2 coaches and registered assistants). Extra passes may be available where there are more than two teams, though this is at the discretion of the committee.

Stage Passes: for prop crews/assistants – these will be allocated on an as-needed basis upon request but will be restricted to numbers similar to Dressing room passes with a maximum of five per club.

Note: Backstage passes do not allow access to the auditorium.

14: Stage dressing and props (read in conjunction with ACF: 1.1)

Her Majesty's Theatre has severe limitations on space for storage of props and the added complexity of moving them from street level to stage level; RSSS request that Clubs keep the following in mind when planning their use of props and stage dressing.

DEFINITIONS

 **Stage dressing:** props or scenery, modules, drums, ramps and platforms placed on the stage or behind the back-curtain line prior to the start of the item.

 **Large props:** props or scenery, modules, drums, ramps and platforms brought onto or placed on the stage or behind the back-curtain line during the item.

- 🎨 **Handheld props:** small handheld items such as flags, swords, guns, stars, flowers, umbrellas, or items of a similar size/nature, including hand-held lengths of material stretched across the stage.

Use of stage dressing and props at South Street.

- 🎨 **Non-minimal rules**

- ❖ **Core items:** Stage dressing and large props are NOT permitted.
- ❖ **Core items:** Handheld props permitted, these may be placed on the stage area or behind the back curtain during the item if required.
- ❖ **Fancy items:** Stage dressing, large props and handheld props all permitted.

- 🎨 **Minimal rules:** Stage dressing, large props and handheld props all permitted. Stage dressing must be set and competitors ready to commence on stage within four (4) minutes, after which time the item will be announced and will commence. Time starts when the previous item has finished, and their stage dressing, and props have been removed. Stage dressing and props must be removed in a timely manner at the completion of the item. Delays will not be tolerated.

- 🎨 **Standard Steps – Due to the lack of backstage storage space at HMT, teams are not permitted to bring their own tiered steps, tiered ramps, tiered platforms or anything of a similar nature as there is not enough space at the theatre to accommodate them. Should a team wish to arrange a shared arrangement with other teams in their division, consideration to allow the use of a set of tiered steps or similar for that division will be considered. Please contact RSSS to discuss this option.**

- 🎨 **Dimensions:** stage dressing, or large props must not exceed 3 metres in height. Pre-assembled stage dressing or large props whilst backstage must not exceed a footprint of 1.8m² and no part of the large prop or stage dressing may protrude beyond that footprint. This rule will be strictly enforced. If a large prop or stage dressing is outside these dimensions the club/school will be requested to dismantle it. Large props or stage dressing that are assembled on stage (within time limits immediately prior to the performance of the item) are allowed to exceed these dimensions on stage.

Please note: RSSS and HMT cannot guarantee space for every team equivalent to the footprint described above. RSSS and HMT reserve the right to limit the number or large props or stage dressing backstage at any time.

- No items made of glass or ceramic are permitted on stage at any time.
- All stage dressing or large props must be made to stand safely. If stage dressing or large props are fitted with wheels, they must be able to be locked.
- Legs of flats must be hinged.
- Staples must not be used on the stage area when assembling stage dressing or props.
- If stage dressing or large props are unstable, the stage manager has the right to request that they not be used for safety reasons.
- Persons other than registered team members are not permitted to hold stage dressing or props on stage. It is the responsibility of the stage manager to report such an occurrence to the adjudicator(s).
- If using guns of any kind as props, they must NOT be or look authentic. If a reasonable person thinks it looks like a gun, it is a gun.
- Swords, knives etc. used as props, must be blunt and preferably made of wood or plastic.
- Aerosol cans must not be used on stage.
- Octopus straps or similar items are not to be used on stage dressing or props.
- No talcum powder, resin or anything of a similar nature is to be used.
- No flown scenery may be used.
- No helium balloons allowed.

15: Stage Area:

A diagram of the proposed stage set up and dimensions will be available closer to the competition date at www.royalsouthstreet.com.au/competition/calisthenics.

The pit area in front of the proscenium is installed for safety and is not a performance space. The area in front of the white line is **not lit**. Please do not proceed past this white line.

16: Sound, Lighting and Visual Effects:

- ✚ **Technical faults – see definition in ACF definitions 1.1 L.** Should a technical fault occur the coach and stage manager in consultation should call for the item to be stopped. Once the fault is rectified, the team may repeat their performance as soon as possible, ie. it will not always be scheduled for the end of that section and could be immediately.
- ✚ **Lighting:** a full description of lighting available and rules regarding use of lighting can be found at www.royalsouthstreet.com.au/competition/calisthenics/.
- ✚ **Data projector:** is hired from RSSS and is available for use in all fancy item sections. Clubs must supply their own operator and use a USB. Presentations must be formatted to play as a Microsoft PowerPoint presentation or formatted as a DVD. Audio may also be submitted on the same USB as the PowerPoint/DVD presentation but must be checked by a theatre technician during a booked plotting session. In addition, a separate copy of the music should be available as a backup.
- ✚ **Smoke machine:** Not available in 2021. (see also ACF 1.1)
- ✚ **Music: This year South Street asks that the main version of your music be provided on USB or CD.** CDs must be named on correct side, advice on how to label USB devices will be provided to coaches closer to the competition. It is recommended that there be only one track per CD/USB. **Multiple tracks cannot be played for one performance item. Back up music may be on CD or USB or another digital device (use of a phone or similar device could result in a poor sound quality).**
- ✚ **Electrical items:** all leads, appliances, lights and stage property lighting for use on 240 volts within the theatre, must have a current safety compliance tag. This includes any electrical item used in the dressing rooms (eg. hair straighteners, curlers.) Batteries must be sealed. No single insulated cable is permitted to be connected to any theatre power source. This applies to all voltages including extra low voltage (under 32 volts).

17: Safety:

The theatre technician and stage manager may prevent a planned performance if in their opinion technical safety is inadequate. Risk assessment forms (JSEA) are required for any performances using props that have any risk associated with their use including, for example, balls, ladders, wheeled items, etc. Provision for completing a risk assessment will be included with competition registration via MyStage.

All patrons must observe directions or commands given by HMT staff, RSSS staff and volunteers. Streets adjacent to all entrances to the theatre are public streets and safety should be considered at all times.

18: Graceful Girl Auditions

Entrants must be 18 years or over on the 31st December of the current year. Competitors will need to be a registered member, competing in an ACF recognised team competition in at least two items during 2021.

Auditions will be held on **Sunday 13th June 2021** (times to be confirmed) at Her Majesty's Theatre, Ballarat. Entries will be via the RSSS entry portal, Stardom. This is open to all competitors of appropriate Open/Championship standard across Australia.



Australian Calisthenics Competition

After your performance, the top 25 competitors will be notified via email within the week if you were successful to compete in October. Previous winners of the title are not eligible to participate.

19: Calisthenics Solo Auditions

Entrants must be 18 years or over on the 31st December of the current year. Competitors will need to be a registered member, competing in an ACF recognised team competition in at least two items during 2021.

Auditions will be held on **Saturday 12th June 2021** (times to be confirmed) at Her Majesty's Theatre, Ballarat. Entries will be via the RSSS entry portal, Stardom. This is open to all competitors of appropriate Open/Championship standard across Australia.

After your performance, the top 25 competitors will be notified via email within the week if you were successful to compete in October. Previous winners of the title are not eligible to participate.

20: Amendments:

The Royal South Street Society reserves the right to amend the Conditions of Entry at any time. Should such amendments be made after entry, notification will be sent to the email address provided by the entrant.

21: Refunds:

RSSS will provide a refund of entry costs (less administration fee) if state borders are closed at the time of competition and interstate competitors are unable to travel.

22: Perpetual Trophies

In sections where perpetual trophies are awarded, the trophies will be held by the winner for 10 months. It is an expectation that all perpetual trophies **MUST** be returned to RSSS after 10 months in a clean, polished, and presentable condition. All holders of trophies will be held responsible for their safe custody, engraving and return at their own expense.

SECTIONS, TROPHIES & PRIZE MONEY

SOLO AUDITIONS

281. 1 CALISTHENIC SOLO:

Entrants will be vying for a place in the final. The top 25 competitors (as ranked by a panel of three adjudicators) will be invited to perform at the final in October. Auditions will be held on Saturday 12th June at Her Majesty's Theatre, Ballarat. Assessing and ranking will be done in the days following the competition, and finalists will be notified via email within one week of the competition. Acceptance via email is requested before publication of finalists' names.

280.1 GRACEFUL SOLO:

Entrants will be vying for a place in the final. The top 25 competitors (as ranked by a panel of three adjudicators) will be invited to perform at the final in October. Auditions will be held on Sunday 13th June at Her Majesty's Theatre, Ballarat. Assessing and ranking will be done in the days following the competition, and finalists will be notified via email within one week of the competition. Acceptance via email is requested before publication of finalists' names.

TINIES:

TINIES ~ 7 years and Under ~Championship/Championship Reserve, Division 1 & 2

- 0 Free Exercises. First, \$60; Second, \$40; Third, \$20
- 2 Character/Folk Dance. First, \$60; Second, \$40; Third, \$20
- 3 Rod Exercises First, \$60; Second, \$40; Third, \$20

Presentation to Winner of Character Dance Trophy ~ Donated by Julie Wiseman & Rebecca Garlick in memory of Kathleen Wiseman.

TINIES ~ 7 years and Under ~ Divisions 3, 4, 5 & 6

- 0.0 Free Exercises. First, \$60; Second, \$40; Third, \$20
- 2.0 Character/Folk Dance. First, \$60; Second, \$40; Third, \$20
- 3.0 Rod Exercises First, \$60; Second, \$40; Third, \$20

Presentation to Winner of Character Dance Trophy ~ Donated by Julie Wiseman & Rebecca Garlick in memory of Kathleen Wiseman.

SUB-JUNIOR SECTION

DIVISION SEVEN SUB-JUNIOR 10 Years and Under

- 10.2 Free Exercises ~ First \$60; Second \$40; Third \$20
- 13.2 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 14.2 Aesthetic ~ First \$60; Second \$40; Third \$20
- 16.2 Club Swinging ~ First \$60; Second \$40; Third \$20
- 17.2 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

DIVISION SIX SUB-JUNIOR 10 Years and Under

- 10.1 Free Exercises ~ First \$60; Second \$40; Third \$20
- 13.1 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 14.1 Aesthetic First ~ \$60; Second \$40; Third \$20
- 16.1 Club Swinging ~ First \$60; Second \$40; Third \$20
- 17.1 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FIVE SUB-JUNIOR 10 Years and Under**

- 10 Free Exercises. First, \$60; Second, \$40; Third, \$20
- 13 Rod Exercises. First, \$60; Second, \$40; Third, \$20
- 14 Aesthetic First, \$60; Second, \$40; Third, \$20
- 16 Club Swinging. First, \$60; Second, \$40; Third, \$20
- 17 Cali Revue. First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FOUR SUB-JUNIOR 10 Years and Under**

- 20 Free Exercises ~ First \$60; Second \$40; Third \$20
- 23 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 24 Aesthetic ~ First \$60; Second \$40; Third \$20
- 26 Club Swinging ~ First \$60; Second \$40; Third \$20
- 27 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION THREE SUB-JUNIOR 10 Years and Under**

- 30 Free Exercises ~ First \$60; Second \$40; Third \$20
- 33 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 35 Aesthetic ~ First \$60; Second \$40; Third \$20
- 36 Club Swinging ~ First \$60; Second \$40; Third \$20
- 37 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **NORMA CLARK MEMORIAL DIVISION TWO SUB-JUNIOR 10 Years and Under**

- 40 Free Exercises ~ First \$60; Second \$40; Third \$20
- 43 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 44 Club Swinging ~ First \$60; Second \$40; Third \$20
- 45 Aesthetic ~ First \$60; Second \$40; Third \$20
- 47 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Vera E Hopton Memorial Trophy Gift of Clifton Calisthenics Collegians

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION ONE SUB-JUNIOR 10 Years and Under**

- 50 Free Exercises ~ First \$60 Second \$40; Third \$20
- 53 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 54 Club Swinging ~ First \$60; Second \$40; Third \$20
- 55 Aesthetic ~ First \$60; Second \$40; Third \$20
- 57 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Manchester Unity Sebastopol Lodge

Reserve Aggregate: Ballarat Solo Competition

 **CHAMPIONSHIP RESERVE SUB-JUNIOR 10 Years and Under**

- 60.1 Free Exercises. First, \$60; Second, \$40; Third, \$20.
- 63.1 Rod Exercises. First, \$60; Second, \$40; Third, \$20
- 64.1 Club Swinging. First, \$60 Second, \$40; Third, \$20
- 65.1 Aesthetic. First, \$60; Second, \$40; Third, \$20
- 67.1 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **NORMA CLARK MEMORIAL CHAMPIONSHIP SUB-JUNIOR 10 Years and Under**

- 60 Free Exercises ~ First \$60; Second \$40; Third \$20.
- 63 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 64 Club Swinging ~ First \$60; Second \$40; Third \$20
- 65 Aesthetic ~ First \$60; Second \$40; Third \$20
- 67 Song and Dance ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Manchester Unity Ballarat Lodge

Reserve Aggregate: Ballarat Solo Competition

Miss Vera E. Hopton Memorial: Awarded to winner of Championship Free Exercises in all age groups

Syndal Perpetual Trophy: Awarded to the winner of Aesthetics. Syndal was a very successful club before closing & years later became Ceres. Syndal was run by Marlene Buckthorn.

JUNIOR SECTION

 **DIVISION SEVEN JUNIOR 13 Years and Under**

- 70.1 Free Exercises ~ First \$60; Second \$40; Third \$20
- 71.1 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 72.1 Club Swinging ~ First \$60; Second \$40; Third \$20
- 73.1 Aesthetic. ~ First \$60; Second \$40; Third \$20
- 76.1 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION SIX JUNIOR 13 Years and Under**

- 70 Free Exercises ~ First \$60; Second \$40; Third \$20
- 71 Rod Exercises ~ First \$60; Second \$40; Third \$20
- 72 Club Swinging ~ First \$60; Second \$40; Third \$20
- 73 Aesthetic ~ First \$60; Second \$40; Third \$20
- 76 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FIVE JUNIOR 13 Years and Under**

80 Free Exercises ~ First \$60; Second \$40; Third \$20

81 Rod Exercises ~ First \$60; Second \$40; Third \$20

82 Club Swinging ~ First \$60; Second \$40; Third \$20

83 Aesthetic ~ First \$60; Second \$40; Third \$20

86 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FOUR JUNIOR 13 Years and Under**

90 Free Exercises ~ First \$60 Second \$40; Third \$20

91 Rod Exercises ~ First \$60; Second \$40; Third \$20

92 Club Swinging ~ First \$60; Second \$40; Third \$20

93 Aesthetic ~ First \$60; Second \$40; Third \$20

96 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Carwen Calisthenics on behalf of Hayes Family in Memory of the late Sue and Doug Hayes

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION THREE JUNIOR 13 Years and Under**

100 Free Exercises ~ First \$60; Second \$40; Third \$20

101 Rod Exercises ~ First \$60; Second \$40; Third \$20

102 Club Swinging ~ First \$60; Second \$40; Third \$20

103 Aesthetic ~ First \$60; Second \$40; Third \$20

106 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Rhonda Just & Gayle Ciotti (both Adjudicators)

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION TWO JUNIOR 13 Years and Under**

110 Free Exercises ~ First \$60; Second \$40; Third \$20

111 Rod Exercises ~ First \$60; Second \$40; Third \$20

112 Club Swinging ~ First \$60; Second \$40; Third \$20

113 Aesthetic ~ First \$60; Second \$40; Third \$20

116 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Vera E Hopton Memorial Trophies Gift of Clifton Calisthenics

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION ONE JUNIOR 13 Years and Under**

120 Free Exercises ~ First \$60; Second \$40; Third \$20

121 Rod Exercises ~ First \$60; Second \$40; Third \$20

122 Club Swinging ~ First \$60; Second \$40; Third \$20

123 Aesthetic ~ First \$60; Second \$40; Third \$20

126 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Ballarat Trophies & Gifts

Reserve Aggregate: Ballarat Solo Competition

 **JUNIOR CHAMPIONSHIP RESERVE 13 Years and Under**

130.1 Free Exercises ~ First \$60; Second \$40; Third \$20

131.1 Rod Exercises ~ First \$60; Second \$40; Third \$20

132.1 Club Swinging ~ First \$60; Second \$40; Third \$20

133.1 Aesthetic ~ First \$60; Second \$40; Third \$20

136.1 Cali Revue ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **MCDONALDS JUNIOR CHAMPIONSHIP 13 Years and Under**

130 Free Exercises ~ First \$60; Second \$40; Third \$20

131 Rod Exercises ~ First \$60; Second \$40; Third \$20

132 Club Swinging ~ First \$60; Second \$40; Third \$20

133 Aesthetic ~ First \$60; Second \$40; Third \$20

137 Song & Dance ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Miss Norma Clark Ballarat

Reserve Aggregate: Ballarat Solo Competition

Syndal Perpetual Trophy: Awarded to the winner of Aesthetics. Syndal was a very successful club run by Marlene Buckthorn before closing and becoming Ceres.

Miss Vera E. Hopton Memorial: Awarded to winner of Championship Free Exercises in all age groups

INTERMEDIATE SECTION

 **DIVISION SEVEN INTERMEDIATE 16 Years and Under**

140.1 Free Exercises ~ First \$60; Second \$40; Third \$20

141.1 Rod Exercises ~ First \$60; Second \$40; Third \$20

142.1 Club Swinging ~ First \$60; Second \$40; Third \$20

143.1 Aesthetic ~ First \$60; Second \$40; Third \$20

148.1 Dance Arrangement ~ First \$60; Second \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

Narre Warren Perpetual Trophy (formerly Jessica Cabral Memorial): Awarded to the winner of Clubs Swinging. Donated by Narre Warren Calisthenic Club.

 **DIVISION SIX INTERMEDIATE 16 Years and Under**

140 Free Exercises ~ First \$60; Second \$40; Third \$20

141 Rod Exercises ~ First, \$60; Second \$40; Third \$20

142 Club ~ First \$60; Second \$40; Third \$20

143 Aesthetic ~ First \$60; Second \$40; Third \$20

148 Dance Arrangement ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Ballarat Solo Competition

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FIVE INTERMEDIATE 16 Years and Under**

150 Free Exercises ~ First \$60; Second \$40; Third \$20

151 Rod Exercises ~ First \$60; Second \$40; Third, \$20

152 Club Swinging ~ First \$60; Second \$40; Third \$20 * Prize money gift of A.Ozten

153 Aesthetic ~ First \$60; Second \$40; Third \$20

158 Dance Arrangement ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of A. Otzen

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION FOUR INTERMEDIATE 16 Years and Under**

160 Free Exercises ~ First \$60; Second \$40; Third \$20

161 Rod Exercises ~ First \$60; Second \$40; Third \$20

162 Club Swinging ~ First \$60; Second \$40; Third \$20

163 Aesthetic ~ First, \$60; Second \$40; Third, \$20

168 Dance Arrangement ~ First \$60; Second \$40; Third \$20

Aggregate: Gift of Carwen Calisthenics on behalf of Hayes Family in Memory of the late Sue and Doug Hayes

Reserve Aggregate: Ballarat Solo Competition

Ballarat Solo Competition Trophy: Awarded to the winner of Aesthetics. Donated by Ballarat Solo Competition, formerly Ballarat Calisthenic College.

 **DIVISION THREE INTERMEDIATE 16 Years and Under**

170 Free Exercises ~ First \$60; Second \$40; Third \$20

171 Rod Exercises ~ First \$60; Second \$40; Third \$20

172 Club Swinging ~ First \$60; Second \$40; Third \$20

173 Rhythmical Aesthetic ~ First \$60; Second \$40; Third \$20

178 Dance Arrangement ~ First \$60; Second, \$40; Third \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION TWO INTERMEDIATE 16 Years and Under**

180 Free Exercises ~ First \$60; Second \$40; Third \$20

181 Rod Exercises ~ First \$60; Second \$40; Third \$20

182 Club Swinging ~ First \$60; Second \$40; Third \$20

183 Rhythmical Aesthetic ~ First \$60; Second \$40; Third \$20

188 Dance Arrangement ~ First, \$60; Second \$40; Third \$20

Aggregate: Vera E Hopton Memorial Trophy – Gift of Clifton Calisthenics Collegians

Reserve Aggregate: Ballarat Solo Competition

 **DIVISION ONE INTERMEDIATE 16 Years and Under**

190 Free Exercises. First, \$60; Second, \$40; Third, \$20

191 Rod Exercises. First, \$60; Second, \$40; Third, \$20

192 Club Swinging. First, \$60; Second, \$40; Third, \$20

193 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20

198 Dance Arrangement. First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

 **CHAMPIONSHIP RESERVE INTERMEDIATE 16 Years and Under**

- 200.1 Free Exercises. First, \$60; Second, \$40; Third, \$20
 - 201.1 Rod Exercises. First, \$60; Second, \$40; Third, \$20
 - 202.1 Club Swinging. First, \$60; Second, \$40; Third, \$20
 - 203.1 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20
 - 206.1 Dance Arrangement. First, \$60; Second, \$40; Third, \$20
- Aggregate:** Gift of Jayde Calisthenics Club, Ballarat
Reserve Aggregate: Ballarat Solo Competition

 **CHAMPIONSHIP INTERMEDIATE 16 Years and Under**

- 200 Free Exercises. First, \$60; Second, \$40; Third, \$20
 - 201 Dance Rods. First, \$60; Second, \$40; Third, \$20
 - 202 Club Swinging. First, \$60; Second, \$40; Third, \$20
 - 203 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20
 - 206 Figure March. First, \$60; Second, \$40; Third, \$20
- Aggregate:** Royal South Street Society
Reserve Aggregate: Ballarat Solo Competition
Vivienne L Bury Memorial Perpetual: Awarded to the Winner of Club Swinging
Miss Vera E. Hopton Memorial: Awarded to winner of Championship Free Exercises in all age groups
Syndal Perpetual Trophy: Awarded to the winner of Aesthetics. Syndal was a very successful club run by Marlene Buckthorn before closing & becoming Ceres.

SENIOR SECTION

 **DIVISION SEVEN SENIOR 16 Years and Over**

- 210.1 Free Exercises. First, \$60; Second, \$40; Third, \$20
 - 211.1 Rod Exercises. First, \$60; Second, \$40; Third, \$20
 - 212.1 Club Swinging. First, \$60; Second, \$40; Third, \$20
 - 213.1 Aesthetic. First, \$60; Second, \$40; Third, \$20
 - 219.1 Dance Arrangement First, \$80; Second, \$40; Third, \$20
- Aggregate:** Gift of Bronwyn Lloyd
Reserve Aggregate: Ballarat Solo Competition
Reeves Perpetual: Gift of Mr W Reeve

 **DIVISION SIX SENIOR 16 Years and Over**

- 210 Free Exercises. First, \$60; Second, \$40; Third, \$20
 - 211 Rod Exercises. First, \$60; Second, \$40; Third, \$20
 - 212 Club Swinging. First, \$60; Second, \$40; Third, \$20
 - 213 Aesthetic. First, \$60; Second, \$40; Third, \$20
 - 219 Dance Arrangement First, \$60; Second, \$40; Third, \$20
- Aggregate:** In recognition of Tunstall Square Calisthenic College
Reserve Aggregate: Ballarat Solo Competition



Australian Calisthenics Competition

DIVISION FIVE SENIOR 16 Years and Over

220 Free Exercises. First, \$60; Second, \$40; Third, \$20

221 Rod Exercises. First, \$60; Second, \$40; Third, \$20

222 Club Swinging. First, \$60; Second, \$40; Third, \$20

223 Aesthetic. First, \$60; Second, \$40; Third, \$20

229 Dance Arrangement First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

DIVISION FOUR SENIOR 16 Years and Over

230 Free Exercises. First, \$60; Second, \$40; Third, \$20

231 Rod Exercises. First, \$60; Second, \$40; Third, \$20

232 Club Swinging. First, \$60; Second, \$40; Third, \$20

233 Aesthetic. First, \$60; Second, \$40; Third, \$20

239 Dance Arrangement First, \$60; Second, \$40; Third, \$20

Aggregate: Gift of Carwen Calisthenics and the Hayes Family in memory of the late Sue & Douglas Hayes

Reserve Aggregate: Ballarat Solo Competition

DIVISION THREE SENIOR 16 Years and Over

240 Free Exercises. First, \$60; Second, \$40; Third, \$20

241 Rod Exercises. First, \$60; Second, \$40; Third, \$20

242 Club Swinging. First, \$60; Second, \$40; Third, \$20

243 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20

249 Dance Arrangement First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

DIVISION TWO SENIOR 16 Years and Over

250 Free Exercises. First, \$60; Second, \$40; Third, \$20

251 Rod Exercises. First, \$60; Second, \$40; Third, \$20

252 Club Swinging. First, \$60; Second, \$40; Third, \$20

253 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20

259 Dance Arrangement. First, \$60; Second, \$40; Third, \$20

Aggregate: Vera E Hopton Memorial Trophy gift of Clifton Calisthenics Collegians

Reserve Aggregate: Ballarat Solo Competition

Janice Unsworth & Templestowe Calisthenic College: Awarded to the winner of Club Swinging.

Margaret Whelan & North Balwyn Calisthenics Club: Winner of Rhythmical Aesthetic

Newport Calisthenics Perpetual: Winner of Dance Arrangement

 **DIVISION ONE SENIOR 16 Years and Over**

- 260 Free Exercises. First, \$60; Second, \$40; Third, \$20
 261 Rod Exercises. First, \$60; Second, \$40; Third, \$20
 262 Club Swinging. First, \$60; Second, \$40; Third, \$20
 263 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20
 269 Dance Arrangement First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

Dandenong Calisthenic Club Perpetual: Winner of Free Exercises

Bev Foy & Barb White Memorial Shield: Winner of Dance Arrangement. Donated by Sovereign Calisthenic College, Ballarat

 **CHAMPIONSHIP RESERVE SENIOR 16 Years and Over**

- 270.1 Free Exercises. First, \$60; Second, \$40; Third, \$20
 271.1 Rod Exercises. First, \$60; Second, \$40; Third, \$20
 272.1 Club Swinging. First, \$60; Second, \$40; Third, \$20
 273.1 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20
 279.1 Dance Arrangement. First, \$60; Second, \$40; Third, \$20

Aggregate: Gift of Blackburn Collegians

Reserve Aggregate: Ballarat Solo Competition

Lewis Gay Memorial Perpetual (includes Replica): Winner of Dance Arrangement. Donated by the Gay Family.

Effie McIntyre Memorial Perpetual: Awarded to the winner. Donated by Lyn O'Brien, Noelene Ransome & Pauline James.

 **CHAMPIONSHIP SENIOR 16 Years and Over**

- 270 Free Exercises. First, \$60; Second, \$40; Third, \$20
 271 Dance Rods. First, \$60; Second, \$40; Third, \$20
 272 Club Swinging. First, \$60; Second, \$40; Third, \$20
 273 Rhythmical Aesthetic. First, \$60; Second, \$40; Third, \$20
 279 Figure March. First, \$60; Second, \$40; Third, \$20

Aggregate: Royal South Street Society

Reserve Aggregate: Ballarat Solo Competition

Miss Vera E. Hopton Memorial: Awarded to winner of Championship Free Exercises in all age groups.

Syndal Perpetual Trophy: Awarded to the winner of Aesthetics. Syndal was a very successful club run by Marlene Buckthorn before closing and later becoming Ceres.

Coltman Family W-to-W Centenary Perpetual: Awarded to winner of Dance Arrangement, Donated by the Coltman Family

MASTERS SECTION

 **DIVISION SIX MASTERS 26 years and Over**

- 1501 Free Exercises First, \$60; Second, \$40; Third, \$20
 1502 Rod Exercises First, \$60; Second, \$40; Third, \$20
 1503 Club Swinging First, \$60; Second, \$40; Third, \$20
 1504 Aesthetics First, \$60; Second, \$40; Third, \$20
 1505 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballarat Solo Competition



DIVISION FIVE MASTERS 26 years and Over

1515 Free Exercises First, \$60; Second, \$40; Third, \$20

1512 Rod Exercises First, \$60; Second, \$40; Third, \$20

1513 Club Swinging First, \$60; Second, \$40; Third, \$20

1514 Aesthetics First, \$60; Second, \$40; Third, \$20

1515 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballaarat Solo Competition



DIVISION FOUR MASTERS 26 years and over

1525 Free Exercises First, \$60; Second, \$40; Third, \$20

1526 Rod Exercises First, \$60; Second, \$40; Third, \$20

1527 Club Swinging First, \$60; Second, \$40; Third, \$20

1528 Aesthetics First, \$60; Second, \$40; Third, \$20

1529 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballaarat Solo Competition



DIVISION THREE MASTERS 26 years and over

1535 Free Exercises First, \$60; Second, \$40; Third, \$20

1536 Rod Exercises First, \$60; Second, \$40; Third, \$20

1537 Club Swinging First, \$60; Second, \$40; Third, \$20

1538 Aesthetics First, \$60; Second, \$40; Third, \$20

1539 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballaarat Solo Competition



DIVISION TWO MASTERS 26 years and over

1545 Free Exercises First, \$60; Second, \$40; Third, \$20

1546 Rod Exercises First, \$60; Second, \$40; Third, \$20

1547 Club Swinging First, \$60; Second, \$40; Third, \$20

1548 Aesthetics First, \$60; Second, \$40; Third, \$20

1549 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballaarat Solo Competition



DIVISION ONE MASTERS 26 years and Over

1555 Free Exercises First, \$60; Second, \$40; Third, \$20

1556 Rod Exercises First, \$60; Second, \$40; Third, \$20

1557 Club Swinging First, \$60; Second, \$40; Third, \$20

1558 Aesthetics First, \$60; Second, \$40; Third, \$20

1559 Cali Revue First, \$60; Second, \$40; Third, \$20

Aggregate Trophy ~ Donated by Andrea Brown

Reserve Aggregate ~ Donated Ballaarat Solo Competition

SPECIAL TROPHIES

- ✚ **HELEN LILLIAN MONK PERPETUAL:** Awarded to the Club with the highest overall aggregate points in Rods in all Division Two Sections.
- ✚ **HELEN LILLIAN MONK PERPETUAL:** Awarded to the Club with the highest overall aggregate points in Clubs in all Division One Sections.
- ✚ **MARGUERITE MULLINS MEMORIAL PERPETUAL (Includes a replica):** Awarded to the Club with the highest overall aggregate points in Clubs in all Champ Reserve Sections. Donated by Deb Guastella on behalf of the Mullins family.

Overall Aggregates:

Will be awarded to the club with the highest overall points per division in Sub-Juniors, Juniors, Intermediates and Seniors.

- ✚ **Royal South Street Society Trophy** - Division Seven
- ✚ **Brianna Calisthenics College Perpetual Trophy** – Division Six
- ✚ **Mr and Mrs Coulter Trophy** - Division Five
- ✚ **Vi Graham Memorial Trophy** – Division Four
- ✚ **Aida Crabb Memorial Trophy** – Division Three
- ✚ **Joy Fildes Memorial Trophy** - Donated by Carwen Calisthenics – Division Two
- ✚ **Jim Chalmers Perpetual Trophy** - Donated by Mrs Lorna Chalmers – Division One
- ✚ **Royal South Street Society Trophy** – Championship Reserve
- ✚ **Regent Perpetual Trophy** - Donated by an anonymous donor – Championship.

SOLO COMPETITIONS - FINALS

✚ 280 PEACE & QUIET GRACEFUL SOLO



- ✚ **Prize money** - Gift of UFS Dispensaries, Ballarat.
First: \$1000; Second: \$500; Third - \$250
- ✚ **Renee Knight Memorial Perpetual Trophy** – Award to the winner of the Peace & Quiet Graceful Girl. Donated by Sovereign Calisthenic College, Ballarat, this trophy is presented in memory of Renee who competed in the RSSS Graceful Solo in 1995, 1996 (Honourable Mention), 1999 and 2000.
- ✚ **Sandra Iddles Memorial Perpetual Trophy** - Awarded to the winning Coach of the Peace & Quiet Graceful Solo. – Donated by friends of Sandra. Sandra's mother, Vera Binstead, started Bentleigh Calisthenics, where Sandra later taught for many years.

- ✚ **Trophies** – will be awarded to the second & third place getters.
- ✚ **Honourable Mention Trophy** - Donated by Carwen Calisthenics in memory of Ray Benn, Stage Manager at RSSS for many years.
- ✚ **Highly Commended Trophy** - Donated by the Australian Society of Calisthenics Adjudicators Inc, Victoria (ASCA).
- ✚ **Sashes** – Awarded to the first, second and third, HM & HC place getters. Donated by Liz & Callista Reed on behalf of the Reed family
- ✚ **Medals** – Presented to each competitor. Donated by the Paine Family who have been involved with calisthenics for many years. Michelle and Emma competed in the Victorian State team for over 10 years and Emma won RSSS Graceful Solo in 2005. During this time, Michael was the President of Calisthenics Victoria Inc

✚ 281 BALLAARAT CALISTHENIC SOLO



- Ballaarat Solo Competition are proud sponsors of this section, now its sixth year. Ballaarat Solo Competition have been “Shining Bright since 1993”.
- ✚ **Prize money** – Gift of Ballaarat Solo Competition Inc.
First, \$1000; Second, \$500; Third, \$250
 - ✚ **Ballaarat Perpetual Trophy** – Includes a replica. Awarded to the winner of Ballaarat Calisthenic Solo. Donated by Ballaarat Solo Competition Inc.
 - ✚ **Coach Trophy** – Awarded to the winning Coach of the Ballaarat Calisthenic Solo. Donated by Ballaarat Solo Competition Inc.
 - ✚ **Trophies** – for second & third placegetters are donated by Ballaarat Solo Competition
 - ✚ **Honourable Mention Trophies** – Donated by the Australian Society of Calisthenics Adjudicators Inc, Victoria (ASCA).
 - ✚ **Highly Commended Medals** – Donated by Ballaarat Solo Competition Inc.
 - ✚ **Sashes** – Awarded to the first, second and third, HM & HC place getters. Donated by Liz & Callista Reed on behalf of the Reed family.
 - ✚ **Medallions and Pins** - Presented to each competitor. Donated by Cash’s Awards Promotion Solutions – Leigh Szabo and Vin Formosa.