



ROYAL SOUTH STREET SOCIETY
BALLARAT EISTEDDFOD

Solo Auditions 2024

Entry Sections, Rules & Conditions

Calisthenics Solo Saturday 15th June
Graceful Solo Sunday 16th June

Venue

Founders Theatre
Caro Convention Centre
Federation University, Mount Helen

Finals

Her Majesty's Theatre
17 Lydiard Street South, Ballarat

Calisthenics Solo Friday 11th October
Graceful Solo Saturday 12th October

To include celebrations to commemorate
100 years of RSSS Graceful Solos

Further Information Contact
Events Co-ordinator
Ph: (03) 5332 1054
Email: admin@royalsouthstreet.com.au



Calisthenics Committee

Andrea Brown (Chair)	Fiona Emery
Cherie Brown	Jo Hocking
Lexie Brown	Annette Lawson

Entries Open

Friday 1st March 2024

Entries Close

5.00pm Friday 5th April 2024

Entry Fees

Calisthenics Solo Auditions \$75

Graceful Solo Auditions \$75

(plus myStage processing fee)

Optional Extra

DLP \$15 per section

Please read all rules and regulations carefully

**Videos of performances can be
purchased from Capture My Event.
Details & access code provided at audition.**



SECTION 281: CALISTHENIC SOLO

Entrants must be 18 years or over on the 31st December of the current year, and a registered member of a club, competing in a CaliVic or ACF recognised team competition in at least two items during 2024.

Auditions will be held on **Saturday 15th June 2024** (time to be confirmed) at Founders Theatre in Ballarat. Entry is open to all competitors of Open and Open Reserve (or equal) standard across Australia, and will be via the RSSS entry portal, myStage.

Entrants will be vying for a place in the final. The top 25 competitors as ranked by a panel of three adjudicators will be invited to perform at the final to be held in October. Finalists will be notified by email once assessing has been completed (they will not be announced on stage).

Previous winners of the title are not eligible to participate.



AWARDS - CALISTHENIC SOLO

AUDITIONS Competitors will receive a gift, donated by the Royal South Street Calisthenics Committee members.

FINAL Prize money gift of Opening Night Supplies
First \$1000, Second \$500, Third \$250

Trophies

First	Perpetual Trophy awarded to the winner, and a trophy to retain
Winner's coach	Perpetual Trophy awarded to the coach of the winner, donated by the Opening Night Supplies
Second	Vera Hopton Trophy donated by Clifton Old Collegians
Third	Donated by Opening Night Supplies
Honourable Mention	Donated by the Australian Society of Calisthenics Adjudicators (ASCA), Victorian Branch
Highly Commended	Donated by Opening Night Supplies

Sashes

Awarded to the first, second, third, HM & HC placegetters. Donated by Liz and Callista Reed on behalf of the Reed family.

Medallions and Pins

Presented to each finalist, donated by Cash's Awards Promotion Solutions (Leigh Szabo and Vin Formosa).

Single Flower Presented to each finalist, donated by Stems.



SECTION 280: GRACEFUL SOLO

Entrants must be 18 years or over on the 31st December of the current year, and a registered member of a club, competing in a CaliVic or ACF recognised team competition in at least two items during 2024.

Auditions will be held on **Sunday 16th June 2024** (time to be confirmed) at Founders Theatre in Ballarat. Entry is open to all competitors of Open and Open Reserve (or equal) standard across Australia, and will be via the RSSS entry portal, myStage.

Entrants will be vying for a place in the final. The top 25 competitors as ranked by a panel of three adjudicators will be invited to perform at the final to be held in October. Finalists will be notified by email once assessing has been completed (they will not be announced on stage).

Previous winners of the title are not eligible to participate.



AWARDS - GRACEFUL SOLO

AUDITIONS Competitors will receive a gift, donated by the Royal South Street Calisthenics Committee members.

FINAL Prize money gift of Couture Costumes Dancewear
First \$1000, Second \$500, Third \$250

Trophies

First	Renee Knight Memorial Perpetual Trophy Donated by Sovereign Calisthenics College, Ballarat. This trophy is presented in memory of Renee who competed in the RSSS Graceful Solo in 1995, 1996 (Honourable Mention), 1999 and 2000. The winner also receives a trophy to retain.
Winner's coach	Sandra Iddles Memorial Perpetual Trophy Donated by friends of Sandra, whose mother, Vera Binstead, started Bentleigh Calisthenics where Sandra later taught for many years.
Second	Donated by Couture Costumes Dancewear
Third	Donated by Couture Costumes Dancewear
Honourable Mention	Donated by Carwen Calisthenics in memory of Ray Benn, Stage Manager at RSSS for many years.
Highly Commended	Donated by the Australian Society of Calisthenics Adjudicators (ASCA), Victorian Branch

Sashes

Awarded to the first, second, third, HM & HC placegetters. Donated by Liz & Callista Reed on behalf of the Reed family.

Medallions

Presented to each finalist. Donated by Julie Fox and Helen Barclay, adjudicator and writer respectively, who have worked together for many years.

Single Flower

Presented to each finalist, donated by Stems.



Royal South Street Society Calisthenics Solo & Graceful Solo Auditions

Conditions of Entry

1. Entries

- must be submitted via the myStage entry system on or before the closing date.
- Correct entry details rest with the entrant; any amendment requests should be sent to admin@royalsouthstreet.com.au.
- **Please remember to enter the name of the performer, NOT a parent!**
- A confirmation email will be generated, and it will be the competitor's responsibility to confirm all details of the entry are correct. Please check your junk mail folder if you do not receive a confirmation email. RSSS is not liable for entries lost through failed electronic transmission or incorrectly submitted online entries.
- Entries must be paid in full at time of entering.
- Late entries will not be accepted.

2. Non-Appearance

- At least 24 hours' notice must be given of a pending non-appearance for reasons other than illness.
- Two hours' notice must be given if withdrawal is due to illness.

3. Refunds

- Performers who withdraw due to sickness must provide a medical certificate by 5pm Monday 17th June to be eligible for a refund. Please email certificate to admin@royalsouthstreet.com.au.
- No other refunds will be given after entries close.

4. Competition Entry Disclaimers

a) *Copyright*

- Entrants declare that all necessary licences for copyright have been obtained and only originals or licenced copies will be used in accordance with copyright laws and agreements.
- Entrants recognise failure to comply with copyright conditions and procedures outlined on the RSSS website will result in the entrant being unable to compete.

b) *Risk*

- The RSSS is insured for public liability which does not comprehensively cover injury to performers, and that individuals must ensure they are registered and adequately covered by their state body whilst performing in these competitions.



c) *Photography & Videography*

- The RSSS has appointed Capture My Event as official photographers and videographers to record and photograph performances. Performance photographs and videos can be purchased by competitors via link and access code to be supplied. Photos and videos will be provided on USB.
- In support of Child Safe Standards, Royal South Street Society provides parents/guardians/coaches and entrants (over the age of 18) an advance option (for consent or non-consent) for children (under the age of 18) to be photographed (as per the following clauses) upon initial eisteddfod registration, and the reminder and/or opportunity to review their decision periodically (in case circumstances change or the child in question would prefer not to be photographed). Royal South Street Society reserves the right to use this initial and ongoing consent information to guide the following photography, videography and image use on an annual eisteddfod basis:
- Once consent is obtained, any such photograph, recording or broadcast may be used at RSSS's discretion for publicity or promotional purposes, including, but not limited to, competition results, print and broadcast media and social media. Any use of images shall not necessarily constitute an endorsement of any participants, and no remuneration or compensation whatsoever shall be attributable to any participants so featured.
- No photography or videography of any kind or any mobile device is permitted in the dressing rooms by any participant, teacher, supporter, RSSS staff member or stakeholder.
- No remuneration or compensation whatsoever shall be attributable to any participants so featured in promotional publications or material.
- Should the entrant have any personal or legal reasons which would preclude them from this, Royal South Street Society should be notified upon entry, or throughout the competition season. Consent can be withdrawn via this form; <https://forms.office.com/r/tc744G5rfz>
- Royal South Street Society may publicise the name, profile and photograph of an entrant in eisteddfod publications and results, via electronic, social and printed media at its discretion.

d) *Conditions*

- Competitors acknowledge that they have read and agree to abide by these conditions of the competition. In addition, they acknowledge that failure to comply with these conditions may result in disqualification, withholding of prizes and a future ban on entry.
- The decision of the board or relevant discipline committee in all questions or disputes arising out of or not provided for by these conditions shall be final.
- No dispute shall become the subject of any appeal at law.



5. Rules

As an independent eisteddfod, RSSS will be using a flexible version of the ACF rules, in order to allow entrants from all states to compete without having to change their routines. The 2024 ACF National Rules can be found via this link:

https://calisthenicsaustralia.com.au/wp-content/uploads/2024/02/v2024_ACF-National-RULES-REGULATIONS_FINAL.pdf

Please read these carefully, with specific attention to the following flexible rules regarding time limits, use of props and banned movements which have been agreed to by the ACF. You will be required to confirm your understanding of these rules when you enter, and no allowance will be given during the competition for any rule breaches because you were unaware.

ACF Rule 2.2.1(ii) – Banned Movements

The previous ban on a hop prior to side aerial has been removed. Front (forward) aerals remain a banned movement. All other banned movements remain.

ACF Rule 2.5.3 – Timing

Timing is determined by music track length, with a minimum of 2 minutes 30 seconds, and a maximum of 3 minutes 45 seconds. Anything outside this specified time limit will be considered a Breach of Rules and will incur a 5 point deduction.

ACF Rule 4.1

- (b) *Lighting* - DLP and full lighting will be permitted at solo auditions and finals. Plotting is not available for either auditions or finals. A maximum of 12 cues are allowed (not including preset/start and final blackout), with up to 3 lighting effects per cue. A detailed list of lighting available at Founders Theatre is provided at the end of these guidelines. A follow spot is available, training will be required.
- (h) *Fog/haze* is not available at solo auditions. If an entrant wishes to use fog/haze for their appearance in a final, they should contact the RSSS office and pay the required cost.

Note: All music should be in mp3 format, DLPs in mp4 format.

Additional rule:

- (m) Hand-held props* can be placed on stage by the individual performer in blackout prior to item commencing and can finish on the floor at the conclusion of the item. Anything larger than a hand-held prop is not permitted.

**A hand-held prop is defined as one which can be carried onto the stage by one performer only, can be stored in a dressing room, and does not require a sandbag to be placed.*



6. Adjudication

- There will be a panel of three adjudicators at both the auditions and finals.
- The committee reserves the right to appoint a substitute adjudicator if necessary. Despite our best efforts, there is no guarantee that an adjudicator has not adjudicated some competitors earlier in the year.
- Assessment via software will be completed by RSSS Calisthenics Committee members and all entrants will be notified of the audition results via email. Ranking of the first 10 places will follow these points: 14, 8, 6, 4, 3, 2, 1, 0.75, 0.5, 0.25. Competitors selected for finals will also be given their appearance number.
- Critiques from auditions will contain comments only, without points or ranking, and will be emailed to entrants in the days following the auditions.
- Finalists' names will be published on RSSS social media. Finals will be held 11-13 October at Her Majesty's Theatre (specific dates to be confirmed).
- Critiques from the finals will include comments, points, a ranking of 1-10 (if attained), and will be available for collection at the conclusion of the presentations.
- Results will not be discussed with coaches or competitors.
- Any communication between a competitor and the adjudicators is prohibited, whether in person, via electronic means or online.

7. Rehearsal on the stage is not permitted at any time.

8. Registration

- Entrants or their coach must register on arrival at the theatre, or as directed by RSSS representatives.

9. Cameras, Video Recorders and Mobile Devices

- The use of these by audience members during a performance is strictly prohibited. Performances are copyright and no recording of performances is permitted by any member of the audience or coaches.
- Mobile devices must be switched to silent while in the auditorium. Offenders may be removed from auditorium and recording deleted.
- Lights of any form (including light up pens and mobile phone torches) must not be used during a performance.

10. Stage Area

- The stage dimensions and lighting of Founders Theatre can be found under the calisthenics section of the RSSS website www.royalsouthstreet.com.au
- Side stage is accessible to performers and coaches only, and representatives of RSSS required to conduct the competition.

11. Stage Effects

- No helium balloons, naked flames, sparklers, aerosol spray, glass or ceramic items, or exploding devices are permitted.
- No glitter or confetti of any description is to be thrown on stage.



12. Electrical Equipment

- Any electrical lead used must have a current safety compliance tag.
- No single insulated cable is permitted to be connected to any theatre power source. This applies to all voltages including extra low voltage (under 32 volts).

13. Child Safe Standards

- In accordance with the current Child Safe Policy (effective July 2023) all persons attending RSSS Competitions should have read the current Child Safe Policy. As indicated in this policy, all persons over 18 entering the Dressing Rooms or Back Stage areas will need to show their Working With Children Card or equivalent.
- For full details on our Child Safe Policy, please visit www.royalsouthstreet.com.au.

14. Safety

- In the event of an injury to a competitor, the Stage Manager and/or coach have responsibility for stopping the item. Should that not be forthcoming, the adjudicators have the right to stop the performance (by ringing their bell).
- Minor accidents which occur due to choreography, hand-held props or costume design are not a reason to stop an item. Only the ultimate safety of the competitor is to be considered.
- All patrons must observe directions given by theatre personnel, RSSS staff or volunteers.
- In the event of a theatre evacuation, patrons should comply with directions from theatre staff, RSSS staff and trained ushers.

Available Lighting – Founders Theatre

Stage, cyc & side light colours - red, green, amber, yellow, pink, purple, aqua, light green, blue and white (no variations to these allowed). Front of house/face light is included unless indicated.

Decal - dappled effect over stage with or without stage wash

Downstage white strip/Kick light

Stage spots - 9 spots, each change of combinations of spotlights is considered part of one lighting cue.

Centre special - larger spot over spot 5, considered part of one lighting cue

Curtain special – lights page at centre of back curtain, considered part of one lighting cue

UV light - only works with blackout

Mirror ball - can be spinning or still

Chase - can be applied to stage wash, cyc colour or spots

Blinders – P and OP sides

Follow spot – one follow spot is available for use by competitors who provide suitably qualified operators approved by SLC Duty Technicians. Your operator MUST see the Duty Tech prior to section starting each day you will be operating the spot for training/run through. Failure to do this will mean you cannot use the follow spot.