



**ROYAL SOUTH STREET SOCIETY**  
BALLARAT EISTEDDFOD

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**2026 ENERGETIKS DANCE COMPETITION  
PROSPECTUS**

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## 1. The Royal South Street Society

The Royal South Street Society is dedicated to promoting and encouraging participation, enjoyment and enrichment through the performing arts. First founded in 1879 as the Ballarat South Street Society, it was created to promote and encourage music and elocution in the local community from a modest local hall.

Granted 'Royal' status in 1888, by Queen Victoria, the Royal South Street Society Ballarat Eisteddfod has grown to become Australia's longest running premier eisteddfod, hosting an array of performing arts disciplines including music, dance, speech, drama, vocal, instrumental and all abilities performance.

The annual Eisteddfod runs between June and October at a range of quality venues throughout the Ballarat region, attracting thousands of participants of all ages from all over Australia, and sometimes international, showcasing and encouraging the artistic talents of thousands of performers each year. Participants receive constructive feedback from industry professionals and are also provided with opportunities to compete for prestigious awards and scholarships. Countless performers (alumni) have gone on to become amateur and notable professional performing artists, teachers, adjudicators and industry professionals, or continue to use disciplines and skills learned from early years of performance in their alternative professional careers.

The Royal South Street Society has become integral to the artistic cultural fabric of regional Victoria and a well-respected institution in the Australian performing arts scene. With an emphasis on inclusivity guiding the Eisteddfod's growth and progression, the introduction of disciplines for all abilities, non-competitive critique only, and cultural diversity have been welcome additions. The diverse programming and accessible venues attract a wider range of spectators and enthusiasts which enriches the overall experience for everyone, fostering a sense of community and celebration of the performing arts.

The Royal South Street Society's enduring commitment to nurturing talent, providing a platform for performance opportunities, and celebrating the arts has contributed to the ongoing legacy of the Eisteddfod and we look forward to welcoming you to our stage in.... 2026.

## 2. Keep up to Date

We encourage you to keep up to date with the Royal South Street Society via:

- Website: [www.royalsouthstreet.com.au](http://www.royalsouthstreet.com.au)
- Facebook: @RoyalSouthStreetSociety
- Instagram: @royalsouthstsocietyeisteddfod
- Linked In: Royal-South-Street-Society
- Email: [admin@royalsouthstreet.com.au](mailto:admin@royalsouthstreet.com.au)

And additionally with Dance specific information via:

- Facebook: RSSS Dance Competition

## 3. Rules and Conditions of Entry

A link to the following will be available on the Royal South Street Society website:

- 2026 Rules and Conditions of Entry
- Lighting sheets
- Schedule (once complete)

<https://royalsouthstreet.com.au/competition/dance/>

## 4. Energetiks Dance Competition Dates & Registrations

### 2026 Dates:

- **Troupe Weekend** - Saturday 19 September to Monday 21 September
- **Solo Competition** - Tuesday 15 September - Saturday 03 October (please note that pre-troupe weekend solos will be dependent on entry numbers and will only be the junior competitors)

Important to note: All dates are subject to final entries. If there are any concerns, please be certain to advise before entries close - as the performance schedule will be developed immediately upon entries closing.

### Entries:

Registrations (entries) will be available via a link on website and will open on:

- **Entries open - 01 March 2026**
- **Entries close - 27 June 2026**
- **NO late entries will be accepted.**

### Important Notes:

- Please contact Royal South Street Society as soon as possible if you are having difficulties with your entries and we will endeavour to assist you.
- Please ensure that you and your students/ guardians check the [Rules and Conditions of Entry](#) to ensure they are entering in the correct section and have noted the guidelines.

## 5. Section Offering

### Troupes

Please note: Should there be insufficient entries, sections and/or age groups may be combined.

Average age will be used for all troupe and crew entries. This is calculated by adding all of the ages (as at 31<sup>st</sup> of December in the preceding year) and dividing this by the number of performers in the troupe.

Please also note that a performer within a troupe must not be any more than 2 years older than the age group as at December 31<sup>st</sup> of the preceding year.

i.e. A person who is 12 years of age on December 31<sup>st</sup> in the year prior to the eisteddfod may perform in the 10 years and under troupe. If they are 13 years of age at this time, despite fitting into the age group as an average, may not compete in the troupe.

Age Group (average age)	Style
6 years & Under	Classical- May be Classical Ballet or Demi-
8 years & Under	Character
10 years & Under	Broadway Jazz
13 years & Under	Neo-Classical
15 years & Under	Contemporary
17 years & Under	Jazz
Open Age	Tap
	Song & Tap
	Song & Dance
	Lyrical
	Hip Hop

## Solos

Please note that should there be insufficient entries, sections and/or age groups may be combined.

Under 6 years:	Ballet ( <i>may be Classical Ballet or Demi-Character</i> )
	Modern ( <i>may be Neo-Classical, Lyrical or Contemporary</i> )
	Jazz ( <i>may be any style of Jazz</i> )
	Tap
	Theatrical ( <i>may be Song &amp; Dance or Song &amp; Tap</i> )
Juniors: 6 years to Under 8 8 years to Under 10 10 years to Under 12  Intermediates: 12 years to Under 14  Seniors: 14 years to Under 16 16 years and Over	Classical Ballet
	Demi-Character
	Neo-Classical
	Contemporary
	Jazz ( <i>may be any style of Jazz</i> )
	Tap
	Song & Tap
	Song & Dance
	Lyrical
	Hip Hop

## Duos/Trios

Please note that should there be insufficient entries, sections and/or age groups may be combined.

Junior: 13 years & under	Ballet ( <i>may be Classical Demi-Character or Modern - Neo-Classical, Lyrical or Contemporary</i> )
Senior: 14 years & over	Theatrical ( <i>may be Song &amp; Dance or Song &amp; Tap</i> )
	Jazz/ Hip Hop ( <i>may be any style of Jazz or Hip Hop</i> )

## **Additional Sections**

NOTE: These sections are not calculated towards aggregate points.

- **Male Identifying Solo**

Competitors in this section will perform a single solo of any genre and this may be a repeat of any section (excluding championships and other special section solos). Competitors will perform in age order so as to allow adjudicators to depict the complexities of the performance based on expected capacity for their age. As this can be a repeat of a solo, aggregate points will not accrue from this performance. This section may be split by genre and/or age dependent on entries.

- **Classical Ballet Variations**

Competitors in this section will dance a classical variation of their choosing appropriate to their age and skill set. Competitors will perform in age order so as to allow adjudicators to depict the complexities of the performance based on expected capacity for their age. This section is open to ages from 10 years old at time of entry. This section will accrue aggregate points. There are no prerequisites to qualify for this section. Section will be split based on age dependent on entry numbers.

- **VET/VCE Dance**

Competitors will perform a solo piece as per the requirements of the study path chosen. Competitors must be currently enrolled to study VCE dance or VET dance and are to be unaided by their teacher. Competitors do not need to be associated with a dance school in order to compete in this section but may be asked for evidence that they are enrolled in the subject in the current year. Adjudicators will use the current year rubric to support adjudication. As this section has a pre-requisite associated outside of the eisteddfod, this section will not accrue aggregate points.

- **Open Solo (any genre)**

Competitors in this section will perform a single solo of any genre existing or not existing within the current competition but must include dance of some form - i.e. this may be a classical ballet, neo-classical, contemporary, lyrical, jazz of any style, tap, song and tap, song and dance, hip hop, acro, own choreography, Latin, musical theatre, demi-character, Irish, cultural. It must not be repertoire or plagiarised choreography. Props may be used.



## 6. Championships

Junior (Under 12 years)	Junior Jazz Championship ( <i>may be any style of Jazz</i> )
	Junior Classical Championship
	Junior Tap Championship
	Junior Modern Championship ( <i>may be Neo-Classical, Lyrical or Contemporary</i> )
Intermediate (12 years to under 14)	Intermediate Jazz Championship ( <i>may be any style of Jazz</i> )
	Intermediate Classical Championship
	Intermediate Modern Championship ( <i>may be Neo-Classical or Lyrical</i> )
	Intermediate Contemporary Championship
	Intermediate Theatrical Championship
	Intermediate Tap Championship
Senior (14 years and over)	Senior Jazz Championship ( <i>may be any style of Jazz</i> )
	Senior Classical Championship
	Senior Tap Championship
	Senior Modern Championship ( <i>may be Lyrical or Neo-Classical</i> )
	Senior Contemporary Championship
	Senior Theatrical Championship ( <i>comprises a Song &amp; Dance and a Tap performance</i> )

## 7. Scholarship Opportunities

It is our aim to provide opportunities for participants in the Royal South Street Society Ballarat Eisteddfod to grow and develop as performers. As such, we aim to provide many scholarship opportunities with our arts partners. The scholarships are predominantly offered within our championship sections.

In 2025 we were able to offer scholarships to some incredible training providers and further opportunities to our performers. These included scholarships with:

- Australian Ballet School
- Ballarat Dance Awards
- Jason Coleman's Ministry of Dance
- Kelly Aykers Full Time Dance
- SCIMM
- Spectrum Dance
- Sydney Dance Company, NSW
- Tanya Pearson Academy, NSW
- Western Ballet Project
- The Tap Project
- Victorian Dance Festival

We look forward to continuing to build on this offering in 2026.

We have a number of schools who sponsor specific sections and we invite you to contact us if you are interested in sponsoring a section or if you are interested in providing any form of scholarship.

## 8. Technical Specifications

The artistry of dance isn't only in the performers on stage – our participating performing arts schools can also create full theatrical experiences on the RSSS stage. A traditional stage 'show' features props, flies and lighting, and in 2026 we're again partnering with Her Majesty's Theatre to offer your troupe the chance to perform with professional flies, fog effects and lighting.

### Plotting Sessions

In 2026, after much consultation, we will again offer our troupes the opportunity to plot these performances prior to the commencement of the troupe weekend.

Plotting sessions are available with each troupe performance being able to plot for 15mins. Costs TBA.

### Music

Music is required for submission NO LATER than **September 01** (troupes and solos) in Mp3 or Mp4 format only.

### Lighting & Specs

We love the glitz and glamour of a fully staged performance—and we're excited to offer your school the chance to bring that magic to the Royal South Street Society Ballarat Eisteddfod stage. Create a true theatrical experience with flies, dynamic lighting effects, fog and more. Let's put on a show your dancers, the audience and the adjudicator will never forget.

Full lighting and technical specifications from Her Majesty's Theatre, Ballarat are available below.

## 9. Photography & Videography

In 2026 we will be working with a new and well known dance photographer to ensure your purchase of photographs and videos are well supported and of the highest quality.

Please Note: No photography or videography on any device (including mobile phones) permitted in any dressing rooms by any participant, teacher, parent, supporter or member of the RSSS or theatres.

## 10. Troupe Numbers:

We understand that change rooms are always a challenge to navigate, and we work hard to ensure there are suitable spaces for everyone and that these spaces are manageable. Therefore, we ask that all troupes entries ensure they **provide Royal South Street Society with their troupe numbers at the time of music submission.** Understandably, these numbers may change slightly, and we ask only that you update us should there be a significant change in numbers.

## 11. Important Dates to Note:

Task	Date	Info
Entries Open	March 01, 2026	Via new CRM. Please stay updated via socials
Entries Close	June 27, 2026	NO late entries
Troupe Schedule released		
Full Schedule released		
Music upload closes	September 01, 2026	
Lighting sheets to be pre-submitted	September 01, 2026	
DLP/ Video projections to be pre-submitted	September 01, 2026	
Plotting Sessions for troupes	TBC (expected September 15-18)	At Her Majesty's Theatre, Ballarat
Dance Competition commences	September 15, 2026	
Troupes Commence	September 19, 2026	
Teacher Feedback Session	TBA	